

Articulate

JULY 2019 NEWSLETTER



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ADSA CONVENTION 2019

Tertiary Blood Challenge (1 March – 31 May)

The Tertiary Blood Challenge was a crucial decider in the race for the ADSA Cup. One 15 minute donation is all it takes to save three lives affected by many debilitating conditions including cancer, trauma, anaemia and more.

World Hand Hygiene Day (5 May)

Millions of lives each year are saved by the simple act of health workers cleaning their hands. Safe and effective oral health care of our future patients is in our hands... literally!

Cleft and Craniofacial Awareness Month (July)

Every 3 minutes, a child is born with a cleft of the lip and/or palate. As future oral health professionals, understanding cleft conditions and how to manage them is imperative.

World cancer Day (4 February)

As future dentists, we all have a role to play in the recognition education and timely diagnosis of oral cancer. With a survival rate of only 50% over 5 years, picking up the signs early could be the key to saving a life!

World Oral Health Day (20 March)

The aim of World Oral health Day is to spread messages about good oral hygiene practices and highlight the important role that oral health plays in overall general health and wellbeing. This is the perfect time to educate our patients, friends and family in the prevention and control of oral diseases.

National Volunteer Week (20 – 26 May)

Though the nation's wonderful volunteers deserve recognition all year round, this week is an opportunity to recognise and thank those who give up their valuable time to give back to the community and make a difference in someone else's life.

World Head and Neck Cancer Day (27 July)

Head and neck cancers affect more than 17,000 people in Australia each year. This year ADSA is teaming up with Beyond Five's campaign, 'Soup for the Soul', to serve nourishing bowls of soup in order to provide ongoing education and long-term support for those affected.

R U OK? Day (12 September)

Dentistry is not an easy feat. Take the time to check in on your fellow classmates, friends and family, and be sure to take time out for yourself too! Get involved in the free events and activities being run by your local dental student societies for RUOK Day and start the conversation about mental health and wellbeing

Cancer Council Relay for Life (Various dates in October - find your local University event!)

Relay for Life has become the largest fundraising event for cancer in the world with many events held across Australia. Every dollar raised goes towards funding Cancer Council's vital research, prevention and support programs. The Relay involves teams running/walking/dancing around a track for over 48 hrs with events holding food stalls, live performances and even silent discos to keep the good times going. This year, gather your dental school friends and register a team in the fight against cancer!

Find your local Relay here: https://secure.fundraising.cancer.org.au/site/SPageServer?pagename=relay_search

Dental Health Week (5- 11 August)

This week is all about encouraging us to reflect on our dental habits and how we can improve our oral health. Stay tuned for ADSA's favourite dental health tips throughout the week, as well as features of dental students around the country doing amazing work to promote oral health messages in their local communities!

Mental Health Week (5 - 11 October)

Another reminder to look after ourselves and those around us. We'll be sharing tips on promoting mental health in our communities, as well as resources regarding mental illnesses and oral health to help guide you in improving your quality of patient care.

National Recycling Week (11 - 17 November)

It's not surprising that the dental industry significantly contributes to damaging waste production and land fill. ADSA is re-launching its participation in Terracycle's free recycling program, with schools such as UWA previously being involved in the Oral Care Recycling Program. Stay tuned for more details on this exciting initiative and how your school can get involved!

International Volunteer Day (5th of December)

We will be spotlighting some awesome work that dental and oral health students around the nation have been doing throughout the year. To get involved in supporting local and global communities yourself, check out current volunteering opportunities at the ADSA volunteering hub: <https://adsa.org.au/members/volunteering>

ADSA TALKS

ADSA CUP 2019

ADVERTISING ENQUIRIES

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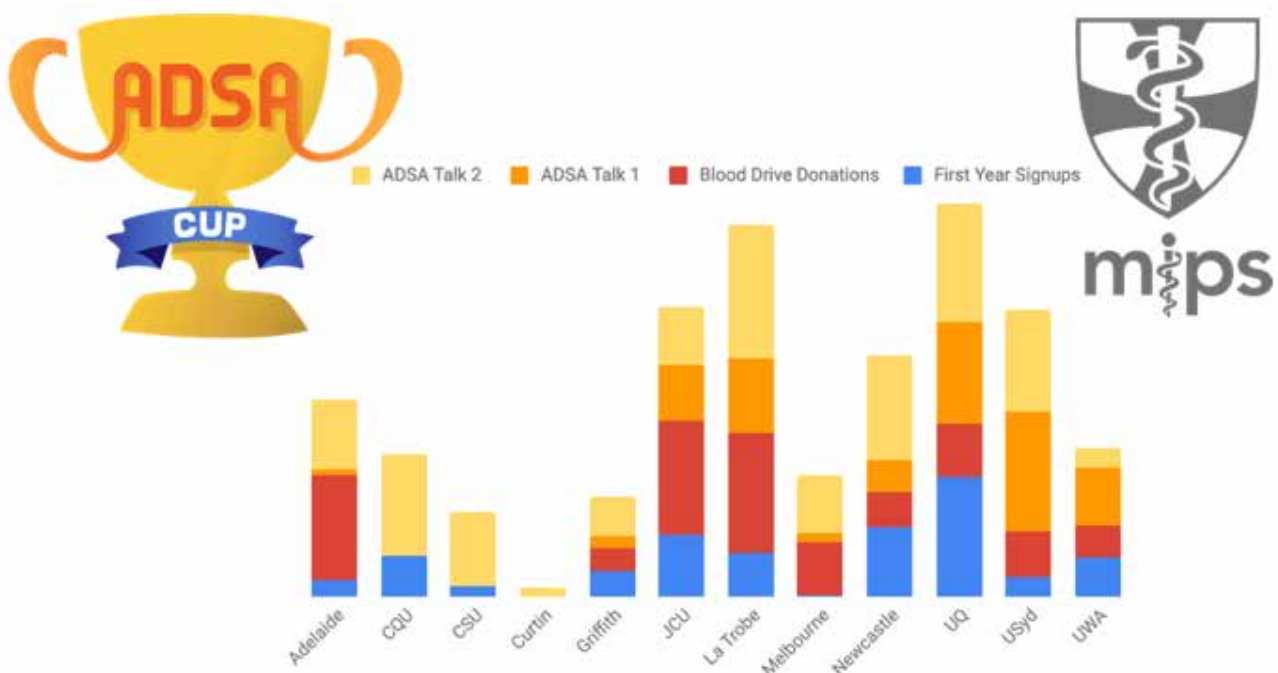
ADSA CUP

RESULTS SO FAR...

Well done to all the students who have already taken part in the nationwide battle for the glory of the annual ADSA Cup! This year, points are allocated for first year sign ups, blood donations during the ADSA Tertiary Blood Challenge, and for tuning into ADSA Talks.

Although Adelaide started strong during the first few weeks of the Red Cross blood drive, JCU surpassed them in the last two weeks to finish off in the lead with 20% more blood donations. Adelaide came in second with La Trobe only narrowly behind them.

So far, UQ is still going strong for ADSA Cup with almost 100% of their first years having signed up to the ADSA mailing list, giving them a good head start. The University of Sydney is also catching up thanks to their strong attendance of the fantastic ADSA Talks earlier this year. Will UQ retain its ADSA Cup glory from 2018, or will a new university take the prize? We shall find out at the end of this year!





ADSA TALKS

ADSA Talks 2019 launched in May with a thought-provoking talk by Dr. Alexander Holden: "Consent, Complaints, and Litigation in Dentistry." Dr. Holden is a senior lecturer in dental ethics, law and professionalism at The University of Sydney School of Dentistry. Dental and Oral Health students across Australia tuned in for this online event. Dr. Holden discussed common myths and litigation in dentistry and the importance of good clinical record keeping. The talk also covered managing complaints and how to approach difficult interactions- giving a different perspective. A great talk to start off the ADSA talk series and to get us thinking about our future in practice!



In July, University of Sydney Associate Professor Richard Widmer delivered the second ADSA talk- "A Day in The Life of a Paediatric Dentist". Primarily based at the Westmead Children's Hospital, Dr. Widmer shared his experiences as a paediatric dentist, as well as what to expect when treating children in general practice.

Stay updated to the ADSA Facebook page and website for future talks about private practice, posture, specialties and much more.



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INTERNATIONAL ASSOCIATION OF DENTAL STUDENTS

As of this year, ADSA officially became a full member of the International Association of Dental Students (IADS)! IADS was founded in 1951 in Copenhagen in order to serve the educational needs of dental students throughout the world. Representing the interests of more than 200,000 dental students in around 60 countries worldwide, and having its central office at the FDI World Dental Federation headquarters in Geneva, the association strives for educational and scientific excellence throughout the international projects and initiatives it manages.

Joining IADS has opened up a wealth of opportunity for ADSA members including providing access to international exchanges, webinars, voluntary work in underprivileged

and remote communities, as well as leadership positions. Similarly to our ADSA Conventions, they also run international congresses and meetings throughout the year, which are excellent platforms to meet dental students from across the globe.

We also have a page on our website that provides you with more information regarding how to apply for their exchange programme: <https://adsa.org.au/student-centre/iads-exchange-portal>

For further information, check out:

Facebook:

facebook.com/groups/IADS.official/

Website: iads-web.org/

MENTORING OPPORTUNITY

ATTENTION ALL FINAL YEAR DENTISTRY STUDENTS

When you think about graduating, what comes to mind? "What should I be doing in my final months of dental school before I enter the workforce?" "If only I had someone who knew exactly what I am going through and could ask about their experiences..."

Whether you are debating going into the public or private sector of dentistry, or if you are planning to continue your studies, ADSA has you covered! This year, ADSA is proud to launch our pilot Mentoring Program. This program aims to connect final year dental students with recent graduates to help navigate the demands of clinical dentistry, and bridge the gap between university and working life. This is an opportunity to surround yourself with like-minded individuals who want to share their tips and experiences of what to expect post dental school.

Collectively, our team of dedicated recent graduates have experience working in both the private and public sectors of dentistry across metropolitan and rural Australia. Some of our mentors are enjoying building upon their foundations in general dentistry, while others are exploring options for further tertiary studies.

Applications are now open and very limited. If you are interested and want to find out more, please find more information posted on our Facebook page. Good luck!

A little bit more about our mentors...



MENTORS:

Dr James Zvirblis

Dr James Zvirblis graduated from the DMD program at the University of Sydney in 2016. Upon graduating Dr Zvirblis made the move to Port Macquarie. He works 5-6 days per week at a busy private practice alongside 6 other dentists, 3 OHTs and 1 hygienist. His day to day practice is extremely varied with a high patient flow, allowing him to gain valuable experience in all fields of dentistry, with particular emphasis on crowns and bridges. In his first year out, part of his CPD included completion of the Avenue Dental mini-residency program as a finalist of the Australian Dental Graduate of the Year award. Dr Zvirblis is continually involved in the dental community, co-founding the Dental Head Start blog, participating in the DPL young dentist committee, observing on the ADA recent graduates committee and most recently in his position as a pre-clinical tutor in the USyd Dentistry program.



"Try not to stress too much about finding a job - there are plenty out there, you just need to look around different areas for the best first start for your career."

Dr Michael Derkacz

Dr Michael Derkacz graduated from La Trobe University in 2016 with a high distinction average throughout the entire program and has been awarded the ADAVB 3rd, 4th and 5th year awards, Royal Australian College of Dental Surgeons prize as well as the Dean's Honour list award. He is currently working in Victoria in the private, public and university settings. Dr Derkacz has enjoyed his time working in a busy private clinic as it has provided him with a lot of pediatric experience. All the while, the public sphere has provided him with exposure to a full range of dental procedures for patients from all walks of life. Immediately after graduation, Dr Michael Derkacz was invited back to La Trobe University as a well-respected clinical educator and examiner for both dental and oral health students; offering his valuable tips and experiences to the 2nd, 3rd and 4th year students at La Trobe. Dr Michael Derkacz is planning to continue his studies in medicine in hopes to one day be accepted into his preferred post graduate course of Oral and Maxillofacial Surgery.



"The biggest tip I can give to anyone who is about to graduate is to have a good grasp of infection control obligations, the CBDS and preferred provider arrangements."

Dr Jessica Zachar

Dr Jessica Zachar graduated from Charles Sturt University in 2015. Upon graduation she began working as a Dental Officer at Westmead Hospital. In 2017, she discovered her passion in teaching and research while working as an Associate Lecturer in Clinical Dentistry at Charles Sturt University. During this time, she also developed a strong interest in oral surgery. In 2019, she relocated to Brisbane to pursue her studies in a Master of Clinical Dentistry (Oral Surgery) at Griffith University. She also teaches the undergraduate dental students at The University of Queensland. Dr Zachar has a variety of experience both in the public and private sector and provides a wealth of knowledge in all aspects of dentistry.



"Continuing my studies in dentistry is something that I have always been interested in. The one thing I wish I knew was having realistic expectations upon graduation and how to apply for my chosen specialty."

Dr Mohit Tolani

Dr Mohit Tolani graduated from Griffith University in 2016. Since his graduation, Dr Mohit has devoted a substantial amount of time in professional development studies and participated in leadership commitments across the nation. Dr Mohit Tolani has worked as a hospital dental surgeon at the Goulburn Valley Health Hospital in Shepparton, rural Victoria. During his time there, Dr Mohit Tolani has gained a myriad of clinical experiences and enjoyed practicing all components of general dentistry, specifically oral surgery, tele-dentistry, prosthodontics, endodontics and geriatric dentistry. He has also had experience working on patients requiring general anesthesia. Currently, Dr Mohit Tolani is the lead dentist and practice associate in a busy private clinic in regional New South Wales in a town called Dapto, located 1.5 hours south of Sydney. Dr Mohit Tolani has also recently completed a double degree in Master of Public Health and Master of Health Management at The University of New South Wales. When reflecting upon his final year as a dental student Dr Mohit Tolani wished he knew the importance of mentoring especially when you first enter your first job.



"Drill, Fill, Bill but please don't kill - just chill"

Dr Laurence Doan

Dr Laurence Doan graduated from Adelaide University in 2017. Upon graduation, Dr Laurence Doan began working in Adelaide as the House Dentist at the South Australian Health Dental Services (SADS) before transitioning back to Sydney into private practice. Dr Laurence Doan is currently working in both metropolitan and regional Sydney six days a week. Each day is never the same and presents a new challenge and learning experience. Dr Laurence Doan's tip for all soon-to-be graduates is to surround yourself with like-minded people and build a supportive network of trusted peers and mentors.



"Let your passion drive your dentistry"

Dr Louise Hanrahan

Dr Louise Hanrahan graduated from James Cook University in 2014. Since graduation, Dr Louise Hanrahan has worked full time in the public sector. She describes her first year out as "full of steep learning curves". Soon after, Dr Louise Hanrahan became the Dental Officer at the Hunter New England Oral Health in Newcastle. Dr. Louise Hanrahan has found her new job to be an excellent and supportive work environment which has allowed her to grow as a dentist and helped her to develop her management skills. As a side project, Dr Louise Hanrahan is organizing the ADA NSW state conference in 2020 in Newcastle. Dr Louise Hanrahan is looking to continue her tertiary studies at a Master's level in public health or health law.



"Recognise when things are not working, change them and do not just put up with it"

CONVENTION CONVENOR'S REPORT

Firstly, I would like to extend a very big thank you to all that attended the 2019 ADSA Adelaide Convention. Our interstate delegates enjoyed their 6-night stay at Oaks Embassy and Oaks Horizon, only a 10 minute walk to both campuses of the University of Adelaide. With modern, spacious rooms, a sauna and a gym, it was the perfect place to relax after a long day of lectures and academic activities.

Our delegates experienced 5 days of engaging academic lectures held by industry professionals and experts on topics such as 'Oral Toxicities Associated with Cancer Treatment', 'Dental Trauma: Perspective from the tooth and the child', and 'A Survival Guide for Dentist Graduates in the Real World' (just to name a few)! Workshop Wednesday was jam-packed with a

combination of lectures and hands-on activities. Delegates learned useful skills in our four workshops including Straumann implants, suturing, endodontic splinting and Philips Zoom! Whitening.

We were excited to kick off our week celebrating 10 years of the Australian Dental Students' Association at The Gallery. The celebration wouldn't be complete without our delicious ADSA birthday cake and doughnut wall. The theme for this event was Heroes Vs. Villains and our delegates looked absolutely amazing.

Our Career Development and Networking Night was held at the classy Belgian Beer Café, where our delegates had the opportunity to establish connections with industry professionals and learn more about what to expect as a new graduate





in dentistry with presentations from RACDS, ADA and Dental Outreach Australia.

Other social highlights included the Pyjama Party Pubcrawl, which had everybody dancing the night away in their comfiest clothes, a wintery Christmas-in-July themed Club Night and the Barossa Valley Wine Tour where delegates tasted some of the finest wines that Adelaide has to offer from Chateau Tanunda and Penfolds, and some lovely chocolates courtesy of the Barossa Chocolate Company!

The National Wine Centre of Australia provided the perfect venue to end our eventful week for the annual Gala ball. Our delegates finished on a high, dressing in

their finest outfits to celebrate the stellar week.

The Adelaide ADSA Convention 2019 was an absolute blast and we will be looking forward to next year's Convention in Melbourne, co-hosted by La Trobe and UniMelb!

Co-Convenors

Michael O'Laco
Linh Huynh



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Enrolments close: 11 October 2019

UNIVERSITY UPDATES

LA TROBE UNIVERSITY



BOHDS Camp 2019 marked the start of a busy year for students at La Trobe. Camp Kookaburra welcomed BOHDS members from all year levels and provided them with the opportunity to meet new people and to catch up with friends after the summer break. BOHDS week was another major event not to be missed, involving unlimited laser tag and go-karting, an outdoor sports competition with amazing prizes, an ice cream station at our movie night and our annual Pub Crawl. Semester 1 drew to a close with the highly anticipated BOHDS Ball. On that night, each year level premiered the short films they had been working on which

highlighted their university experiences so far, triggering both laughter and tears.

Dental Health Week during Semester 2 will give the dentistry and oral health students at La Trobe the opportunity to promote good oral health at St Therese's Primary School and at their own university. Also, with our Dental Sports Victoria competition against Melbourne Uni approaching, as well as the celebration of BOHDS' 10th birthday, we can't wait for everything the rest of the year has in store for us.

Joanne Ling





UNIVERSITY OF SYDNEY



THE UNIVERSITY OF
SYDNEY

As somewhat of a tradition at The University of Sydney, the 2019 academic year was welcomed in with our annual Dent Camp. The weekend away at Shelly Beach Holiday Park on the Central Coast was packed with activities, team bonding events and mentoring from upper years. This year's theme, The Olympic Games, saw teams go head-to-head in a friendly competition for glory.

The Roland Bryant Cup is an annual sporting competition held between students from The University of Sydney (USYD) and Charles Sturt University (CSU). This year, CSU hosted the event in May. Students from both universities competed in basketball, soccer, dodgeball and ultimate frisbee. Both Universities put on a great show. Overall, CSU took away the Cup this year with a 3-2 victory. Congratulations to CSU, but we'll see you next year to take back the cup!

Through the work of The Sydney University Dental Association along with generous sponsorship from the Australian Dental

Association NSW and Guild Insurance, we were able to hold a number of very informative talks that went beyond the typical information that we would be taught in the classroom. The first talk run by Dr Rohan Krishnan explored the topic of private practice ownership, and our second talk by Dr Anastasia Bakopoulou delved into the topic of orthodontic assessment, what age to refer, and when referrals are necessary. We're all very eager for the next lectures in this series.

There are a number of great social events still to come this year, with the Halfway Ball planned for our second-year students, and the Dent Ball also in a few months' time there's still a lot to look forward to for 2019

Looking forward to another great semester, I wish every student all the best for Semester 2!

Parshad Sankey



UNIVERSITY OF ADELAIDE

2019 is the centenary year for Adelaide Dental School and semester one did not disappoint! August will see our centenary ball which will give us, as a school, a chance to celebrate our rich 100-year history.

We had several freshers' events at the beginning of the year to really show our first years what Adelaide Dental School is all about. This included our Freshers BBQ, Freshers Rooftop Party, and the Buddy Meet and Greet. Our welcome ended with our Dental Camp for a weekend of learning (and a little bit of fun!) with our new found friends.

May gave us the Annual Sleep Out where students stuck it out through a rough night to experience what it would be like to live in an overcrowded homeless shelter. Students were given an opportunity to fundraise for the Community Outreach Dental Clinic which provides free dental treatment to our city's most disadvantaged. We also had the first AUDSS pubcrawl of the year with the theme: Molars, Inc.

Throughout the year the AUDSS provides the AAPDP lecture series where guest speakers are invited to speak about their chosen topics. There has been close to a dozen lectures discussing all facets of dentistry with many more to come in semester two.

Our semester ended with the ADSA event of the year, CONVENTION! I would just like to thank the co-convenors, Linh and Michael, for the amazing work they did to organise such a momentous event. It was definitely one to remember. Refer to the convention section for all the details of that week!

Mikolle Montano



GRIFFITH UNIVERSITY



This semester was jam-packed with social events! The year kicked off with the Annual Ice-breaker, welcoming the first-years into the Griffith Dent family. It was a great opportunity for all year levels to mingle, with plenty of drinks, pizza and games. A badminton match kickstarted the sporting events, followed by weekly dodgeball games and the Annual Beach Volleyball Tournament where teams competed to claim the coveted 2019 Volleyball Championship trophy. In mid-March, students got to show off their talents by singing up a storm at the Open Mic Night. The night was aimed to scout out Griffith's dental talent, doubling as an auditioning opportunity for those vying for a main role in the 2019 Griffith Dent Revue. In April, GUDSA hosted a Trivia night at the Uni

Bar - a massive congratulations to Flossoraptors for their big win!

Amidst all the social events, GUDSA's academic committee have been busy hosting various workshops and academic lectures throughout the semester, helping students prepare for assessments. Whilst this semester has been packed with an abundance of social, academic and sporting events, there are many more planned for next sem! One of which includes the highly anticipated Dental Masquerade Ball, where students are looking forward to letting their hair down and ditching their scrubs for a magical night.

Olan Hartley





THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

UNIVERSITY OF QUEENSLAND

2019 started off with a bang! Meet & Greet had hundreds of UQDSA members flooding the dance floors and bars all night long. The night was an absolute success for everyone that came, including the new UQDSA team who worked meticulously to ensure that the first event of the year was an absolute stunner.

Dodgeball warmed everyone up for the first ever Carnival, filled with inflatables, (almost) free food, and heated competitions for prizes. Although the unpredictable and cheeky Queensland weather blew us off track from our original event date, it was an opportunity for everyone to get on their feet, participate in tournaments and absorb the rays of the Sunshine state.

Rivalry between UQ and Griffith will be more than enough to heat up the start of the second half of the year, with the Endodontic Group's Mixer planned to blow the night away. Positive vibes and energy is sure to flow through to the highly anticipated Dent Ball, currently in its final stage of preparation to highlight what is undoubtedly one of the most successful years of UQDSA.

The UQDSA team worked night and day, through clinic and pre-clinic, perio through to ortho to ensure that all our members could enjoy the full benefit of their membership. Proud to have been part of such a dedicated committee this year!

William Jin

UNIVERSITY OF MELBOURNE



Towards the end of the first semester, the MDSS (Melbourne Dental Students' Society) Boat Cruise with a 'Back to School' theme took place. Aboard the boat, we sailed back in time and donned our school uniforms which, for most of us, still miraculously fit! Next was the highly anticipated Trivia Night which sold out instantly and the reigning champions, The Perforators, took home the coveted first place yet again – perhaps 2020 will be the year their reign topples?! To close out the semester was Case Presentation Night whereby Dr. Yoon (Endodontist), Dr. Yap (Oral Medicine Specialist), Dr. Carter (Oral Surgeon), Dr. Garg (Prosthodontist), and Dr. Ngo (Periodontist) presented intriguing cases, and certainly ignited passions within a lot of us to pursue specialities.

Following the Case Pres Night will be the Volunteering Convention which will be an excellent opportunity to gain insight into different volunteer programs from the perspectives of both the companies and students who have previously partaken in these eye-opening trips. The DDS2s will then take the helm for Cocktail Night where we get dressed to the nines, dance the night away and down a few drinks. Finally, we will finish off the year with the long-awaited Grand Dental Ball where we lavishly celebrate the memorable journey we've shared together as friends.

Cindy Le





JAMES COOK UNIVERSITY

In the first half of 2019, JCU students kept themselves busy with lots of events throughout their first semester. Fifth year students had a jam-packed few months of adjusting to life off campus, undergoing placements across Australia from Tasmania, the Northern Territory, Thursday Island to Far-North and Central West QLD. Students also attended international placements in Taiwan, Cambodia and Sri Lanka, with some students heading off to the Solomon Islands and Fiji in semester 2. Hearing everyone's placement experiences during Back-to-Base was incredible!

Back at the Cairns campus, students were busy donating blood for the ADSA Red Cross Tertiary Blood Drive, and we are proud to have taken 1st place in this challenge. Students were recognised for their donations by receiving prizes including dental

ball tickets and food and coffee vouchers.

Our second inter-year sports carnival was held, following the success of our first one in 2018. This was a great way to encourage friendly competition between the year levels and a chance to forget about those mid-sem blues. Well done to the second years for coming out on top! We also had our annual Med x Dent mixer at a local brewery.

There are many more anticipated events throughout the year such as Relay for Life, trivia nights, Halloween party and our annual Dentistry Ball. We're looking forward to seeing what the rest of this year brings for JCUDSA and ADSA!

Nhi Truong

CHARLES STURT UNIVERSITY



O-week at CSU began on the 20th of February with our freshers excitedly moving in to their residences the day before. The week was packed with presentations from the university and some great social events including learning the fresher dance and the 'C, S or U' bar night. The first Student Dental Association event was the Wine Mixer. It was the perfect opportunity for first years to meet and socialise with older years and for the amazing SDA committee to showcase the high standards of the events held for the year.

We then held our annual Commencement Ball. It was a blast with amazing food and music. It was extra special as students at placement in their final year made the

effort to come back and visit. To end an already eventful semester, we held the annual Roland Bryant Cup (RBC) against Sydney University in Orange. After getting swept in 2018 by the USYD students, the CSU students rallied hard from a 0-2 series deficit with Women's dodgeball as the decider to win 3-2. Well done to all that participated!

Timothy Nguyen



UNIVERSITY OF WESTERN AUSTRALIA

Life has been busy as usual for UWA dental students, since starting back this semester- but there is always time for fun! Last semester the dental school participated in the ADSA Cup Challenge by donating blood and attending the ADSA Talk!



We had our annual GV Black cocktail party in July where it was fun to see everyone out of their white coats and in fancy dress. Memories were made and lots of fun was had! We were also lucky to have beautiful weather for our annual sports day, that consisted of bubble soccer and archery tag! We also enjoyed a joint bowling event with UWA's Podiatry students. It was great to have some healthy competition and to build new friendships!

The fourth-year dental students did a great job presenting their research projects to the school and faculty this July on Research Day. It was awesome to see the product of everyone's hard work and to learn about upcoming research in dentistry. Some dental students were lucky enough to go to ADSA convention in Adelaide this year and had a great experience meeting interstate dental students and learning lots in the workshops!

We are looking forward to the many ADSA events upcoming in second semester and our end of year Dental Ball. We are currently putting together a Relay for Life team and are very excited to represent the dental school at this event!

Colleen Westerman



CURTIN UNIVERSITY



In February, the oral health therapy student and staff awards night was held at the Oral Health Centre of WA. The annual event sees industry and associations coming together to support excellence in academia and leadership. Well done to all the award recipients!

The Australian Dental and Oral Health Therapy Association (ADOHTA) conference held in Bunbury also took place earlier on in the semester where second and third year OHT students were invited to attend the conference with a program that included speakers on Invisalign, molar hypomineralisation, ergonomics, airflow cleaning and new technology and advances in oral surgery.

Up and coming events to look forward to later on in the year include Curtin University Open Day, Australian Society of Orthodontics (ASO) Scientific Day, and Dental Rescue Day- a combined effort by Curtin University OHT students, UWA dentistry students and the ADA to offer free dental treatment to disadvantaged people.

Nateenee Lang



CENTRAL QUEENSLAND UNIVERSITY

2019 has been a great year here at CQU- Full of many firsts and lasts! Firstly, this year we have created our own Oral Health Student Association, which was long overdue! Also for the very first time; CQU in collaboration with UoN and Antipodeans, arranged a 3-week volunteer placement in Cambodia, which saw 5 students travel to the capital Phnom Penh and provide much needed dental treatment to local school children. The trip was a wonderful way to see the world, learn more about different cultures, develop clinical skills as an operator, and helped bring smiles to the children of Cambodia. The trip was such a success that CQU are offering the volunteer placement again in 2020.

2019 is the last year that 1st year oral health students will be able to study via distance and correspondence. Beginning next year, we will now see all 3 cohorts on campus where everyone is excited to see some more friendly smiles around the place!

2nd year oral health students have been attending lectures, sim lab & clinic with QLD Health and Private patients, while 3rd year oral health students have been kept busy with 4 days of clinical placements each week at the CQU Health clinic, School Dental Service, RACF, Orthodontic and Oral Surgery placements.

In May, 1st year students were involved with Homeless Connect, providing free services to people experiencing homelessness. In August for Dental Health week, we are teaming up with other Oral Health Therapists from the area to visit Rockhampton and Yeppoon High School to provide free toothbrushes and toothpaste, as well as to promote good oral hygiene behaviours and careers in oral health.

The Countdown is also on for our Oral Health Ball which is held in August which is sure to be a night to remember!

Samantha Barbeler





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