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OCTOBER 2013 NEWSLETTER

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PRESIDENT'S REPORT



ADSA has been very busy over the last few weeks meeting with a number of key industry stakeholders. We have met with the ADA (Australian Dental Association), RHWA (Rural Health Workforce Australia), ACODS (Australian Council of Australasian Dental Schools) and HWA (Health Workforce Australia) to discuss a range of issues. To find out more about the ADSA updates and hot topics in dentistry please see page 5.

ADSA has also drafted up our first policy on the funding of dental schools. I encourage you all to have a look and provide some feedback, see page 4 for more details. ADSA has been very active in the rural health arena and is in the process of developing a rural policy. To see more about what has been happening in rural health see page 15.

Well it is getting to that time of the year again when dental and oral health students hide away for a couple of weeks while we all madly study for our final exams. It's a particularly exciting time for those that are graduating at the end of this year, and I wish them the best of luck with their exams and their future careers. Enjoy those final few weeks being a student and cherish those memories!

A special good luck to the three new dental schools; La Trobe University, Charles Sturt University and James Cook University, who will see their first cohort of students graduate at the end of this year. It's always hard being first, so we wish you the best of luck out there in the real world, let us know how it goes!

Audrey Irish
President



Advocacy News

There has been a lot happening in the world of dentistry these past few months. What's the scoop and how has ADSA been involved?

BY AUDREY IRISH, PRESIDENT

Funding Policy

The ADSA executive has been working hard to expand the advocacy arm of the association. We have developed a draft policy advocating for an increase in funding to dental schools around Australia.

ADSAs position statement is :



the Federal Government's base funding to dental programs should increase to alleviate the huge financial pressures dental schools and students face. Dental education costs need to be addressed by the Federal Government to ensure that dental students receive a quality education



This policy has provisional support from the ADSA committee, ADSA liaison officers, the ADA and we are waiting to hear back from other key stakeholders.

The draft policy is up on our website for members to look at, and members have been asked by their Universities' liaison officers for feedback about the policy. Any feedback or questions about the funding policy can be sent to president@adsa.org



Scrap the Cap

The proposed plan to cap tax deductions for self-education expenses at \$2,000 has been placed on hold by the previous federal government.

Continuing education is an important part of all dentists' professional development, especially for new graduates who may wish to expand their knowledge and increase their professional expertise. With the introduction of a new federal government it's yet to be seen what the outcome of this proposal will be, but ADSA supports dental professionals in seeking further education and feels that a cap would limit and discourage those who wish to improve their professional expertise.

For more information about the proposed cap or the cap campaign run by an alliance of health professionals around Australia, go to www.scrapthecap.com.au

ADSA UPDATES

Dental Relocation and Infrastructure Support Scheme (DRISS)



Rural Health

In August, Audrey attended the National Rural Health Students Network (NRHSN) NextGen conference which was held in Canberra. For 3 days she had the opportunity to hear from some inspiring speakers who have achieved some amazing things in rural health. She spoke with students from a range of health disciplines around Australia who were passionate about improving health outcome in rural and remote Australia. Audrey met some great contacts in rural health organisations, and ADSA is committed to the number of dental and oral health students who participate in rural health activities.

Along with Jess (rural officer), Audrey also attended the Future Health Leaders (FHL) rural leadership forum a few weeks ago where they met some great advocates of rural health in Australia. To find out more about this forum and other rural health opportunities see page 15.

ADSA has recently met with the team at the Rural Health Workforce Australia (RHWA) where we discussed a number of things, but mainly the introduction of the new Dental Relocation and Infrastructure Support Scheme (DRISS).

This is a new scheme to encourage dentists to move or set up a practice in rural and remote Australia. DRISS provides relocation grants of up to \$120,000 and the opportunity to apply for up to \$250,000 in infrastructure grants to help pay for equipment and fit-out of dental facilities.

There has been a lot of interest from current final year students who may wish to apply once they have graduated. There will be a second round of offers opening in the new year and New graduates should keep an eye out on the website for further updates at www.rhwa.org.au

Workforce supply

Audrey met with members from Health Workforce Australia (HWA) who are developing the Health Workforce 2025 Oral Health report. This report outlines the supply and demand for all dental practitioners up to the year 2025.

With a number of new dental schools opening up in the last few years and a subsequent downturn in the economy, there is a projected oversupply of dental practitioners over the next few years. This is obviously concerning for all students as job prospects are decreasing and there has been much anecdotal evidence that students are having difficulty finding work after graduating.

ADSA has spoken to the ADA about this issue and we are working with people across the sector to see what can be done about this issue. ADSA is planning to develop a policy on this issue in December, and to roll out a campaign next year.

So far we support dentistry to be removed from the Skilled Occupational List to decrease the number of internationally trained dentists coming in to Aus-

tralia to increase the opportunity for locally trained dentists. We do not support the closure of dental schools, but we do encourage a cap and decrease on dental and oral health student places to limit the number of dental practitioners entering the already oversupplied workforce.

The HWA are holding a number of consultation workshops around Australia at the end of October. ADSA is sending representatives along to these workshops and we will update members on the outcome in the near future.



For more information about the HWA Health Workforce 2025 Oral Health report, please see their website for a summary on the findings so far:

<http://www.hwa.gov.au>



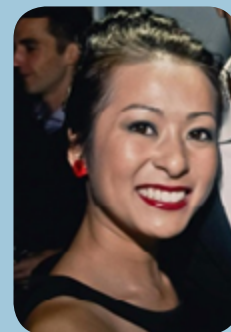
Liaison Officers

A representative from each of the dental schools to keep students informed of ADSA's activities

KIM NGUYEN
CSU 2ND YEAR

My goal is to have CSU recognised in the student dental community, as many of you would have asked "Where is Orange??" However, I hope to recruit many of us to the Gold Coast Convention next year for everyone to meet.

In life outside of dentistry I spend my time baking, finding time to practice aerial silks and home with my twin baby brothers.



My goal is to get involved with all things social both at my university and all the others around Australia. What better way to take exile from the perils of Dental school then to have a great time with those that understand the commitment it requires to get through this degree?

I look forward to meeting and collaborating with many new people and doing my best to relay the efforts and good-doings of the ADSA back to my peers.

KIRSTEN WU
UQ 2ND YEAR

CORBIN BARRY
JCU 4TH YEAR

My goal is to one day work with humanitarian agencies to alleviate the large discrepancies in oral health. Hopefully we can see an ADSA Convention in Cairns one time soon. I look forward to working as part of this team.

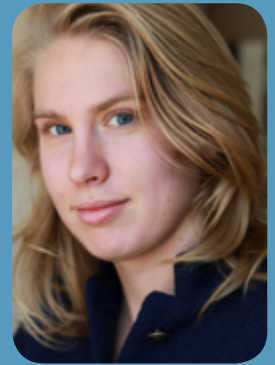
In life outside of dentistry I'm interested in travel, food, wine and the fun things in life. I'm originally from down south and moved to Cairns to study Dentistry, it's definitely been a journey.



SARAH MUELLER
LA TROBE 2ND YEAR

My goal is to be the voice of my peers at La Trobe to the ADSA, and communicate the fantastic initiatives and events that ADSA organise back to the students. I aim to see these relationships grow and dental students all over Australia acting together as a single support body.

In life outside dentistry I love to spend time with family and friends as well as play as much sport as I can fit in. I am happiest horse riding or exploring the middle of nowhere... my dream is to do both together.



DARIAN KARUNA KUMAR
USYD 1ST YEAR



My goal is to increase awareness and involvement of Sydney's cohort in all things ADSA, including what's happening with dental students and the profession on a national scale. I'm also pushing for a bigger participation in convention in which I felt USyd was a little under-represented in 2013. I'll keep you updated online and, if allowed, crash your lectures!

In life outside of dentistry I like long walks on the beach and surfing... the net. I also love playing the drums, tennis and touch footy with friends, and eating. I also have a cat.

ALANNA BEGLEY
UoN 1ST YEAR

My goal is to bring UoN closer to other uni's and learn from them on how to be a better student community.

In life outside of dentistry I am 23, and usually the shortest person in the room (I have a lot of high heels). I am in my first year of uni, so far so good. I love team sports, I play in 2 netball teams and 2 touch footy teams.

My goal is to fortify the relationship between ADSA and the student body, so as to ensure students will maximise its potential as well as to discuss issues that are pertinent to our student life and future profession.

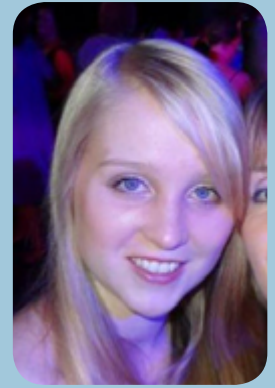
In life outside of dentistry weekends are reserved for exploring lane way brunch sites and/or bike rides (when exams are far enough away!). I've recently become interested in photography, so I hope to couple it with the joy of travelling and venture on an African safari at the completion of my degree.

ALEJANDRA HERNANDEZ
MELBOURNE 3RD YEAR

HANNAH DOLBY
ADELAIDE 2ND YEAR

My goal is to create a stronger link between the Adelaide Dental Students Society (AUDSS) and ADSA, beyond just the annual Dental Convention, by increasing awareness about ADSA and what it stands for. This will enable us as dental students, to be better heard and recognised at a national level.

In life outside of dentistry I enjoy watching British TV shows, shopping, drinking a lot of tea/coffee, and studying interstate – Adelaide is much cooler than Perth and means I get sunburnt much less.



YIFEI YU
GRIFFITH 2ND YEAR



My goal is to build up connection between ADSA and Griffith University students, to encourage and attract more students getting involved in ADSA events, especially the next ADSA conference will be held in Griffith University in 2014!

In life outside dentistry, I have a huge collection of stuffed animals, each with a name and birthday! I am excellent in cooking and all sorts of housework that makes me strongly believe I will become a better housewife than a dentist.

SPENCER LI
UWA 1ST YEAR

My goal is to facilitate communication, disseminate information from ADSA to UWA dental students, and promote the 2014 Convention. I'm hoping to get to know other university representatives and ADSA, as well as learning about how dentistry and dental students are represented on a national level.

In life outside of dentistry, when I'm not Instagramming what I've just drilled, I like to travel (not just for more instagramming opportunities). It's always fun to find new places in Perth to eat, be it breakfast, lunch, dinner or dessert!



JESSICA RAVI
CURTIN 2ND YEAR



My goal is to create awareness about on-going issues within the dental world, provide current information to my fellow students and maintain a network link that connects my university with the broader dental world becoming involved in a proactive fashion.

In life outside of dentistry my interests include music, dancing, catching up with friends, relaxing with a good movie and keeping fit by going to the gym and beach during summer.



Blood Drive Results

Blood drive 2013 was a huge success, with hundreds of lives being saved by our donations. Next year, let's make it bigger, better, and give James Cook some competition!

Blood Drive 2014

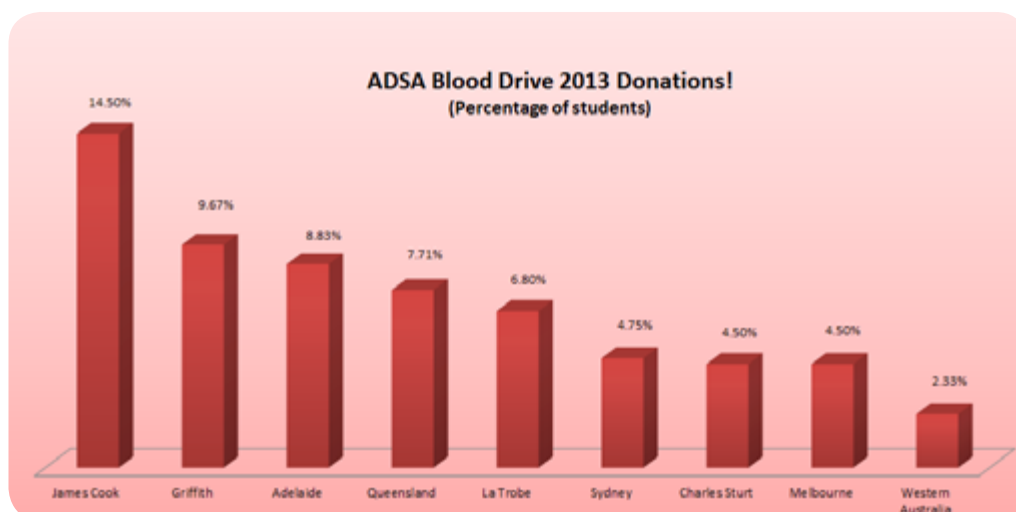
Blood drive will be on again next year! Keep your ears open for updates about the 2014 blood drive and when you can start donating. In the meantime, feel free to contact ADSA or your friendly liaison officers with any questions.

2013 Blood Drive Results

Congratulations to James Cook University for winning the 2013 Blood Challenge with a 14.50% donation rate! The result was based on the percentage of the student population who donated.

Special mention to Adelaide University for donating the most numerous donations of all universities! Keep up the good work everyone!

Full results in the graph below!





A Look at 2013

What an amazing year it's been! Let's revisit what dental schools around Australian have done throughout the past few months.

Charles Sturt

BY KIM NGUYEN

It's only a few months left until we break for the summer and preparations for our very first Graduation Ball are well under-way - there's nothing more to look forward to than waiting for CSU's first batch of graduates!

With 3rd Years at their halfway mark, celebrations took place at the Halfway Ball held at Borro-del Vineyard. The students were

presented with half of their graduation certificates by the dean – a growing tradition at CSU.

This month we held our 2nd Annual Dent Revue at the local Odeon5 Cinema and within a few weeks our AGM. Our SDA this year was proud to receive the ADAF Wrigley Community Service Grant for the Carevan Foundation delivering the Sun Smiles program to young children in Wodonga, Victoria.



La Trobe

BY SARAH MUELLER

It has been a full on year for everyone, with 2nd years now assisting the 4th and 5th years in clinic and Oral Health students preparing for their international placement, jetting off around the world from Nepal to New York. The third years had a welcomed break, enjoying their Halfway Dinner and forth and fifth years are out exploring the state on placement. Groups of students also volunteered at a special needs school, teaching the kids about their oral health.

Plenty of steam was let off at the annual ball, which saw the town hall transformed into a fairy tale, and different sorts of masks were donned to the masquerade cocktail party. Throughout the year we have been unleashed onto go-karts, laser tag and in the sporting arena where both rivalries and friendships were formed. The dedication and hard work shown by the committee have proved why they really are the La Trobe Club of the Year.

Finally, congratulations to the very first year of dental graduates, good luck in the big wide world!

James Cook

BY CORBIN BARRY

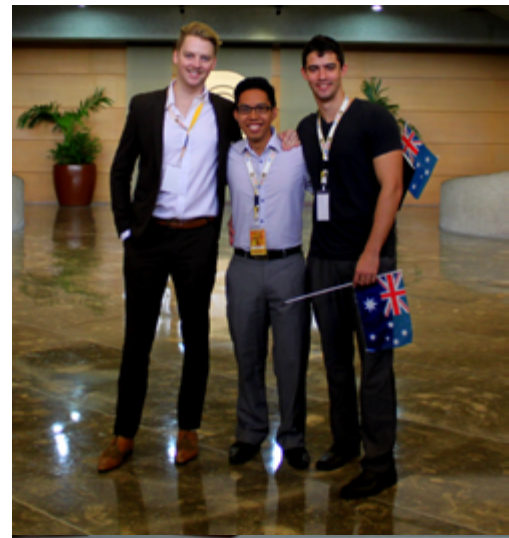
JCU is on the verge of graduating its first ever dentists! It's great to see how the fifth years have developed during the course and they're excelling, many already ready to graduate. The past year has seen the students on placement, both international and domestic.

JCU has its annual dental ball approaching and this year will be bigger than ever with around 400 guests. If you want to know how to plan an amazing event, just ask JCUDSA! It'll be a night full of fun

and festivities with entertainment and a full banquet.

Many have been achieving great things with students attending the Humanitarian Affairs Symposium in Manila, Philippines; Rural Health promotion and skills nights through their involvement with NRHSN; continual community education and representing the University at the regular ADA meetings.

JCU is educating students to be at the forefront of dentistry and it'll be fantastic to see the fifth years in the work force in 2014, reaching their milestones and being successful dental practitioners.



Adelaide

BY HANNAH DOLBY

This year has been a busy year for the AUDSS. There was our usual pubcrawls, one with a 007 (Bond, Fuji Bond – Shaken, not Stirred!) theme, and our annual GV Black pubcrawl, MIPS Dent Camp 2013 which sold out, our inaugural Fresher's Basement Party, Poker Night and Movie Night. Sporting events included interyear beach volleyball competition, the Adelaide City to Bay run and indoor soccer, basketball and netball teams.

AUDSS continued to run its popular Academic and Professional Development Program (AAPDP), holding academic talks on a range of topics, such as lasers in

dentistry, and management of vertical root fractures.

Sleep Out was also introduced, giving students the opportunity to sleep out under the stars to raise money for a new initiative providing dental and other health services for people who have suffered homelessness or have difficulty accessing conventional care. This was a huge success, attracting media attention and raising over \$4,000 for the cause.

With Trivia for Timor (raising money for Rotary/Lions East Timor Dental Project), Indoor Soccer and Basketball finals still to come, 2013 isn't quite done for the AUDSS yet, but it has been amazing.



University of Queensland

BY KIRSTEN WU

As it nears the end of the year the UQ dental school has been in full swing. The first years are well on their way to adjusting into "dental school life"; already cottoning on to the benefits of friends in higher years, while the second years cling on to the dear hope of one day actually using some of this seemingly absurd amount of information

to actually treat a patient.

Ironically, the novelty of seeing patients has already worn off for the exhausted third years, battling a gruesome 20 week first semester. Fourth years can see the light at the end of the tunnel and fifth years are trying to dodge the train (at the end of said tunnel) that is actually graduating and finding a job! Collectively we are all waiting eagerly to see if the construction of our new dental school is further today, hoping to get a glimpse before we all graduate.



USYD

BY DARIAN KARUNAIKUMAR

First years are enjoying trading in time in the lecture theatre for the simulation clinic and have even started treating their first patients... EACH OTHER! Older years have been hard at work treating (actual) patients both at Sydney & Westmead Dental Hospitals.

We've enjoyed an amazing social line up so far this year including the SUDA Cruise. The Roland Bryant Cup against CSU was a great

display of competition between both unis and our hosts capped it off with a crazy onesie party and bonfire. Well done to our rugby team who were undefeated at the annual Quad-faculty Tournament. Other events included the Women in Dentistry cocktail function, Alumni cocktail reception, and End of Block Parties.

With more events to look forward to in the near future including the Dental Ball at the exclusive Ivy, 2013 is proving to be a thoroughly enjoyable and rewarding year.



Griffith

BY YIFEI YU

GUDSA'S inaugural Beach Volleyball Tournament was a hit event this year and more than 120 students were present at the match. After fierce competition, championships went to the third year team, the BOMB DIG-GERTIES! In September, GUDSA presented our Tradeshow, Bakesale and Loupes day, sponsored by Halas,

DPL, MIPS, Investec and Troll Dental. A total of \$306.50 was raised from bake sale and all proceeds went towards the Cancer Council's Relay for Life.

This month, GUDSA's annual ball will take place in QT Gold Coast. With the theme of Gatsby. MIPS Lunch and Learn, Future's Evening and Finance Night, specifically designed for graduating students, will also occur in the coming month!



Melbourne

BY ALEJANDRA HERNANDEZ

The gentler, calmer winds of semester one have turned and made semester two busy in all fronts!

July brought about Mentor Night, Run Melbourne and the second year's Murder Mystery cocktail ball, where our budding MDSS prospective leaders showed off state-of-the-art publicity skills and fundraising

efforts to shake off the winter chills in 1920s fashion.

August included our annual trivia night and inaugural RSPCA bake sale, raising \$512 to fight animal cruelty.

The recent warmer nights ended months of planning and culminated in the most anticipated event of the year - the MDSS Grand Dental Ball 2013. Held at the luxurious Crown Casino, guests strutted colourful designs and festive Rio Carnivale



UWA

BY SPENCER LI

UWA dental students saw the new McGeachie-Tennant food kiosk built in what seemed like no time at all, with the official opening on August 7. The enclosed kiosk replaced the mobile cart, allowing Kim and her staff to offer more options to the staff, students and patients at OHCWA.

In a historic first, UWA Guild President Cameron Barnes and a few of his colleagues met with UWA students. This meeting allowed students to raise pertinent concerns and initiate productive communication. The 2014 UWA Guild Elections

are imminent, with candidates running for various positions, each hoping to bring about change. We wish them all the best!

There have been several events, including Red Party 2013 with other allied health students from different WA universities to raise funds for Oxfam Australia's Integrated HIV and AIDS Program, South Africa. There may not be many pictures from the NOBOTE Pub Crawl, but for all you know, it was that fun. Even though the semester is quickly coming to a close, there are still a couple more events, like the annual Quiz Night and Dental Dinner.





Rural Events

There have been a number of rural events for dentistry students these past six months. Here's a run-down of what's been happening in the rural arena, and perhaps you can think about how you can get involved in the future!

BY JESS ZACHAR, RURAL OFFICER
& AUDREY IRISH, PRESIDENT

August

NRHSN Next Gen 2013 Conference Canberra

We think it's a great initiative and would love to see more programs like these around Australia. If you are interested in doing so, please email president@adsa.org.au for more information.

More information about the NRHSN can be found at www.nrhsn.org.au

This conference's focus was on leading the future of rural health, so we heard from a number of inspirational health professionals who have achieved many great things in the rural health arena. One talk that was particularly relevant to ADSA was from Dr David Baker, a dentist from QLD who set up the Cherbourg dental program for Griffith dentistry students. This program was set up while Dr Baker was still a student and allows students to volunteer in an Aboriginal Medical Service in their holidays. It is a great initiative that allows students to get experience in Indigenous health, see what a rural community is like and help out a community in need.

The conference also included skills workshops, forums for the sharing of ideas and information which will help inform policy and program development for a sustainable rural and remote health workforce. It also provided many networking opportunities and we met students from a range of health disciplines from all over Aus-

tralia. We had some great discussions with other students, professionals and stakeholders about how to promote rural health and improve access to dentists in rural and remote areas. It was a wonderful conference and we would highly recommend students attend events run by the NRHSN as they are extremely enlightening. Students can apply to their local rural health club for funding to attend the conference and I encourage everyone to do so to attend next year's conference!



September

For more information visit
www.futurehealthleaders.org.au

Future Health Leaders Rural Health leadership Forum

Orange

The Future Health Leaders (FHL) Rural Health leadership Forum was held in Orange this year and saw a range of students and early graduates from all different health backgrounds spend the weekend at Charles Sturt University, Orange Campus. We had Audrey and Jess attend as ADSA representatives to find out what the hot topics are in rural health at the moment.

The day included a variety of inspirational guest speakers including Dr Shannon Nott, Dr Tom Calma and Tom



Harper as well as some smaller break-out workshops. The ADSA executive attended the Inaugural FHL conference last year, so it was great that we could follow up on the great work of last year's committee. FHL are keen to develop health leaders for the future, and we think it's important that dentistry and oral health are leading the way on the important health issues. FHL have a number of workshops and events around the country, so check out their website for upcoming events and talks so you can become a Future Health Leader.



October

Students who are interested should ask their Universities rural club for funding
www.rahms.org/raw



Rural Appreciation Weekend

Wagga Wagga

The Rural Appreciation Weekend (RAW) is an annual event held by the NSW rural allied health and medical society. It sees around 150 medicine, nursing dentistry and allied health students from around Australia come together to network in a multidisciplinary setting and learn more about what it is like to live in rural or remote Australia.

RAW is a camping event that has a range of activities to keep students entertained from snake envenomation, Indigenous cultural awareness and professional development workshops to a range of guest speakers and of course a few parties for good measure.

RAW has proven to inspire many young health students to begin thinking about taking placements in rural and remote Australia through giving them a positive experience in a rural setting. Further to this, local high school students from the local area are invited to attend day activities so that they can hear from a fantastic array of guest speakers and chat about university with the RAW delegates.

October

MIRAGE Rural Health Night

Sydney University

*If you want to know how
your uni can hold a similar
event email rural@adsa.org.au
for more info*

MIRAGE & SUMS present

RURAL HEALTH NIGHT 2013



Tuesday 22nd of October, 6.30-8.30pm
Bosch Lecture Theatre 2
Dinner and drinks served from 5.45pm
All students welcome

MIRAGE (Multidisciplinary Interest in Rural and General Education), the Sydney Uni Rural club is holding a Rural Health Night on the 22nd of October.

This is an opportunity for students to learn about the various forms a health career can take, the opportunities rural practice can offer, and how you can get involved in rural health as a student.

There will be a dentist speaking on the night about rural dentistry, Dr Peter Salameh who volunteers at the Bourke Dental Clinic. It should be a great way to find out what a career in rural dentistry means for you!

YOUR STORY



Kimberly Dental Team

BY LUKE RODMAN, UWA

Through my final year optional rotation at UWA I had the privilege of being a member of the Kimberley Dental Team (KDT) for their trip in May 2013. The KDT provides free dental treatment for the Indigenous population of the East Kimberley, which allowed for a variety of experiences; many life changing.

The dental treatment performed varies in location and nature according to the demands of the team. The KDT operates out of a fully equipped dental clinic in Halls Creek, but also reaches out to a number of communities through the use of a caravan modified into a portable dental clinic—plus some deck chairs! As some communities only see a dentist for one day a year there can also be some significant time pressures!

You really begin to appreciate a fully set up dental clinic when you're trying to extract an

upper first molar from a large aboriginal male, in a plastic chair, with no radiographs, in about 38°C heat and about as close to the middle of nowhere as you can get! These challenges really gave me the opportunity to expand my skill and confidence in performing complex and difficult tooth extractions, as well as techniques for local anaesthesia and time management.

The people I got to meet were another highlight for me. Getting to work with some very experienced dentists, dental specialists and auxiliary staff was a great opportunity to learn some interesting techniques and approaches to dental care, but the real benefit was being able to spend quality time with such wonderful and devoted people. Another amazing part of the trip was the indigenous people we had the pleasure of interacting with. Being able to spend time with the individuals, and the communities more generally, was not only a great learning experience clinically but also very humbling personally- plus the kids are just the most adorable little things!

The Kimberley region of Western Australia is one of the most beautiful places in our country and some of the scenery was breathtaking. From a helicopter ride over (and in) Wolfe Creek Crater, to a plane flight over the Bungle Bungles or gazing to the stars at Caroline pool – the sights were truly one of a kind. The local wildlife was pretty impressive also;



such as George, the local freshwater crocodile of Kununurra Caravan Park; and one of many cane toads, which I'm proud to say, were slightly less in number after I'd been through.

Being a member of the KDT is an experience I will never forget, one I was honoured to be a part

of and something I will hopefully get to do again. The team deals with a very severe and complex problem, being indigenous oral health, and the support of the dental community is required for true change to occur. I would encourage anyone considering volunteering to check it out and apply.

