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I hope everyone had a fantastic mid-semester break and plenty of Easter eggs and hot cross buns to keep them going for another year.

We have been busy organising the ADSA Convention and registrations for the 2014 Convention in the Gold Coast are now open! Tickets are going fast so I would highly recommended you pop on over to our convention website


and secure your spot for one of the hottest events of the year! It’s shaping up to be an amazing week full of inspiring lecturers, big nights out at surfers paradise and meeting over 350 students from around Australia and New Zealand. You wouldn’t want to miss it! For more info see page 7.

A few weeks ago the ADSA partnered up with the ADA to raise awareness of the current oversupply of the dental workforce. We held a joint twitter night using the hashtag #dentalcrisis to tweet to federal ministers and media personalities about the lack of jobs for dental and oral health graduates. It was a highly successful night with over 1,324 tweets using the #dentalcrisis hashtag, an article in Bite magazine and the ADA getting a piece about the dental oversupply issue in The Australian. This is an issue that the ADSA and the ADA are working hard to resolve as we want all graduates to be able to find a job once the graduate. For more information on the twitter night see page 10.

Audrey at the RACDS Convocation
The Blood Drive Challenge starts on the 28th April, where Dental Schools compete against each other to see which University can donate the most blood! While most of us are in pretty good shape, unfortunately many Australians need a bit of extra help, and donating blood is an easy way to help other Australians in need. Currently 1 in 3 Australians need blood however only 1 in 30 people donate, so a single blood donation from yourself, when separated into its components, can help 3 different patients! So check our website for details or talk to University Liaison Officer to see how you can get involved, and go to page 5 for more details.

I recently attended the Royal Australasian College of Dental Surgeons (RACDS) convocation on the Gold Coast where they had some amazing lecturers who spoke about some cutting edge technologies in dentistry. We heard from two keynote speakers; Dr Kathryn Harley, a paediatric dentist and the Dean at the The Royal College of Surgeons of England and Dr Frances Andreasen, a leader in dental trauma research and helped write the dentaltraumaguide.org. I was slightly awestruck in a massively nerdy way, and you can check out the pictures below. It was a wonderful experience and I highlight recommend you attend the next convocation in 2016. For more information check out the RACDS website www.racds.org

I wish you all the best with upcoming exams and I look forward to meeting you all at the Gold Coast for ADSA Convention 2014!

Audrey Irish
President
The Australian Dental Student Association is happy to announce the commencement of its annual Blood Drive! The blood drive is the only project that all dental schools nationwide participate in together.

by Caroline Petroff, Secretary

1 in 3 Australians in their life time will require a blood transfusion. However, approximately only 1 in 30 Australian’s donate blood each year.

Every week approximately 27,000 donations are required as the donated blood is used to help not only emergencies or accidents, but also used to treat cancer and other blood diseases, for people undergoing heart surgery, burn victims, orthopaedic fractures and joint replacements and other medical problems such as kidney, heart and stomach disease. A single donation can help up to 3 individuals.

This year the drive is running for 1 month only!!! Commencing on the 28th of April it runs through till the 30th of May. The school with most donations will be announced at the Dental Convention on the Gold Coast in July.

**HOW TO DONATE?**

It’s easy, simply go to local donor center (appointments can be made through your school’s liaison officer) and roll up your sleeve.

Don’t forget to register online at: dontateblood.com.au/clubred

‘Join’ the dental school you wish to support and fill in your details. Remember you must register online for your donation to count towards your schools total!

Good luck and get donating!
Mobilising Volunteers – Wrigley Company Foundation and ADAF 2014 grants open

Call for grant applications to help high-risk Australians access dental care

Now in its fourth year, the Wrigley Company Foundation in partnership with the Australian Dental Association Foundation (ADAF), is proud to announce that applications for its Community Service Grants to help improve access to dental care to some of Australia’s most marginalised groups, opened April 7, 2014.

Introduced in collaboration with ADA Inc, in 2011, the community service grants program continues to make a difference to high risk groups such as elderly, disabled, homeless, Indigenous and children’s groups.

This year, the Wrigley Company Foundation in partnership with the Australian Dental Association Foundation (ADAF) will provide more than USD$82,000 in funds via thirteen grants:

8 x USD$6,000 Community Service Grant for registered licensed dental professionals

4 x USD$6,000 Community Service Grant for currently enrolled dentistry students

1 x USD10,000 for ‘Principles in Action’ Community Service Grant to support large scale projects

“Despite Australia having a world class health system, there are still disadvantaged groups that experience a shortfall in access to dental services,” said Andrew Leakey, General Manager, Wrigley Pacific.

“Dental caries remain a widespread health problem among Australians with more than 90 per cent of adults showing signs of treated or untreated dental decay which makes the ADAF and Wrigley Company Foundation grants partnership so vital. We have a shared aim, through the grants, to help disadvantaged communities access free oral health services, treatments and education,” he concluded.

“The ADAF welcomes the renewed focus on Australia’s dental health system that the roll-out of the Government’s National Oral Health Plan will bring. While there has been recent improvement in some public dental waiting lists, inequities in access to dental treatments remain for some at-risk groups so it’s vital the grants continue to support dentists, dental students and teams of dental professionals,” said Wendy Tancred, Chair of the ADAF Advisory Board.

Last year, the 2013 Wrigley Company Foundation and ADAF grants recruited more than 170 volunteers to cover 4,600 treatments. The volunteers completed more than 6,000 volunteer hours providing dental health care services and free treatments. The grants helped certain groups who have problems accessing dental care e.g. older Australians, people in low income households, Indigenous Australians, disadvantaged children and people living in rural and remote areas.

For the full application criteria and to apply for the Community Service Grants, visit www.adaf.org.au and download an application form. Applications close 4th July, 2014.
What does my ticket get me?
Well, we really want everyone to experience the full ADSA convention experience, so we encourage everyone to get the Full Package. This includes accommodation, the academic and social program, with details below.

Full Package
Full [academic program](#) that includes;

- Hands-on workshops
- Breakout seminars customised to your year level and interests
- Some of Australia’s best lecturers
- Updates on crucial problems affecting dental students and ADSAs policies

MAY 2014 / 07

An amazing social line-up that includes;

- A Tropicana themed boat cruise along the stunning backdrop of the Nerang River
- Thrift Shop pub crawl through some of the Gold Coasts best pubs
- Beach Volleyball on Gold Coasts most famous beaches
- Dreamworld where we have exclusive use of some of Dreamworld’s most famous rides
- A themed party at one of the best bars in Surfers Paradise
- Casino Royale Gala Ball at the tallest building in the Gold Coast with amazing views
5 star **luxury accommodation at the Hilton Hotel** in the heart of Surfers Paradise which includes:

- Two rooms with private balconies
- Separate living and dining areas with your own kitchen
- Over-sized bathrooms and your own laundry
- A 24 hour gym so you can keep fit
- A swimming pool to use in your free time
- It is in the heart of the Gold Coast right next to fantastic beaches, great food and nightlife

Tickets are going fast! Early bird prices have already run out and currently **FULL PACKAGE TICKETS ARE $669**.

**Other Packages**

We are also selling **ACADEMIC ONLY PACKAGES FOR $150**. From May 15th we will be selling **NON-ACCOMMODATION PACKAGES FOR $419** (full social and academic program without accommodation), and **WEEKEND PACKAGES FOR $349** (full Friday and Saturday social and academic program including accommodation).

**FAQ**

If you have any questions about the packages, refer to the website FAQ section at [http://convention.adsa.org.au/faq/](http://convention.adsa.org.au/faq/)
Each night is a different themed event, with crazy parties where you will become besties with dent kids from around Australia.

**Tuesday July 8th: MEET AND GREET**
What better way to welcome you to the Gold Coast Convention than a good old fashion boat cruise party along the Nerang River before an official after party at one of Gold Coast’s best clubs! The theme for the night will be ‘Tropicana’. Get to know your fellow conventionees with an evening of unlimited beers, wines and soft drinks, set with 2 live DJs on board! Better get on board before the boat leaves at 7pm sharp just down the road from your accommodation.

**Wednesday July 9: PUB CRAWL**
It’s time to raid grandpa’s closet because we’re going on a ‘Thrift Shop Pubcrawl’. We’ll kick things off at the Beer Garden before heading to Vanity and Sin City. Don’t miss this opportunity to explore some of the best clubs in Surfers Paradise!

**Thursday July 10: VOLLEYBALL AND DREAMWORLD**
Brace yourself for an afternoon of Uni vs Uni Beach Volleyball! This fierce competition will take place at Broadbeach, just a short bus trip from your accommodation in Surfers Paradise. Even if you’re not playing, why not come along and enjoy one of the most famous beaches of the East Coast?

Get ready for a night of thrills and screams because we are heading to Dreamworld! We will have three of the best rides (The Giant Drop, BuzzSaw and The Claw) open EXCLUSIVELY for our use. For those who aren’t too keen on the big rides, we also have some of the Gold Rush Alley Games and Old Time photobooths open for you.

**Friday July 11: EAST NIGHTCLUB**
We will be heading to the Broadbeach clubs and enjoying a private party at one of the best clubs – East Nightclub. The theme will be ‘Toys and Stories’, so enjoy your night dressed up as your favourite childhood hero! There will be a bar tab and cheap drinks all night when the club opens to the public after that.

**Saturday July 12: GALA BALL - Q1**
It’s time to say goodbye to the convention and to the Gold Coast, so what better place to do it than ‘on top of the world’? ADSA welcomes you to the stunning SkyPoint Observation Deck on the 77th floor of the Q1 Tower in Surfers Paradise. Enjoy the unparalleled views of the Gold Coast one final time on the tallest residential building in the Southern Hemisphere! The theme for our final night together is ‘Casino Royale’ so dress to impress, guys and gals! There will be a DJ and plenty of canapés and drinks!

Photos and recount of last year’s convention can be found at http://www.adsa.org.au/#!adelaide-2013/c14vr
What happened?
On Wednesday March the 26th, hundreds of dentists and dental and oral health students armed with smart phones, tablets, and laptop computers, took to Twitter to air their concerns about the ever decreasing chances of attaining a job as a new graduate.

Led by the ADSA President, Audrey Irish (@AudreyIrish) and the President of the ADA, Dr Karin Alexander (@presidentADA) and supported by the @ADSAmedia account and the ADA Policy and Workforce Manager, Eithne Irving (@EithneIrving), we had over a thousand tweets that let the government know that the that oversupply of the dental industry is going to be a problem.

While #dentalcrisis didn’t quite managed to become ‘trending’ on twitter, we did manage to reach key influencers including Ministers of Parliament, the National Rural Health Alliance, a past president of the Australian Medical Association, and the support of the Australian Medical Students Association.

The fact that so many people participated in the evening indicates how strongly people feel about this issue, and that it’s going to be one of the biggest issues facing the dental profession in the future. Twitter night has raised awareness of the #dentalcrisis amongst students, dental professionals and also members of the general public. We’ve had some media interest and we hope that the government has paid attention to our concerns and we see some change!

What’s next?
The ADSA is working with the ADA to tackle workforce issues and improve outcomes for students and graduates. We have written to the federal ministers to seek changes to the education legislation to place a cap on student enrolments, as well as other changes to improve the dental workforce.

I’d encourage you all to keep tweeting to ministers and continue the #dentalcrisis thread and we will keep you updated with any news or changes that are made. We would love to hear about your experiences seeking employment as a new graduate, or any concerns you may have as a student about the current dental workforce.
A full #dentalcrisis wrap-up report by the ADA can be found at http://www.ada.org.au/App_CmsLib/Media/Lib/1405/M764403_v1_635345549375904529.pdf
The academic year is now in full swing for everyone! A myriad of events have been hosted by dental schools all around Australia, keeping students busy with an impressive social schedule to accompany their return to studies. Keep reading to see what each university has been up to!

CHARLES STURT UNIVERSITY
By Kim Nguyen

With our 5th years on placement around rural NSW and Manly, 4th and 3rd years have been back early for their study blocks and 2nd years are introduced into their long hours in simulation clinic – 2014 has had us running on our feet already!

Freshers were welcomed with our annual SDA Wine Mixer – a night of delightful wine tasting and cheese at our very own CSU winery on campus! Our biggest event of the year, Commencement Ball had a small surprise this year with our most eligible bachelors auctioned off to raise money for the Royal Flying Doctor’s Service. The winning bids received many services, such as a complimentary dental check-up or a personal chauffeur from one of the boys.

The CSU Student Dental Association are working hard organizing the upcoming events for this year!

UNIVERSITY OF QUEENSLAND
By Kirsten Wu

This year has started with a bang at UQ. We have introduced a new head of school, Lakshman Samaranayake, who was kind enough to join us for the meet and greet event held by the dental school’s student committee.

The night was a great success with many students elated to be able in interact with “Prof Sam” in a more relaxed and informal manner. Prof Sam was previously the Dean of Faculty of Dentistry at The University of Hong Kong and Director of the Prince Phillip Dental Hospital in Hong Kong. We would like to offer our warmest welcome to such a distinguished and accomplished man.

Finally, the new Oral Health Centre built by UQ for the dental and BOH student is finally complete. We eagerly anticipate the move there!
JAMES COOK UNIVERSITY
By Joel Abraham and Corbin Barry

2014 has begun with a bang and the new first years have celebrated joining the dental clan with a Welcome BBQ hosted by JCUDSA sponsored by the student association and mentoring program. There was worry that no students were going to turn up. As the clock struck 5.30pm, the sausage sizzle began. They were entertained with live music by local musician Ray-Lee. Eating snags with tomato sauce, chicken and vege burgers and of course beer aplenty. It was a hugely successful night with over 100 attendees. After a couple of games of fooseball, our new committee members were announced. Everyone then migrated to the Uni bar to continue the festivities and a good night was had by all.

All in all JCU has had an amazing start to the year and it looks like this year will be bigger and better than ever before!

UNIVERSITY OF MELBOURNE
By Alejandra Hernandez Pulido and Velani Martins

Dentists, students and people around the world celebrated World Oral Health Day on March 20th - an international day to celebrate oral health, raise awareness of oral disease and promote good oral hygiene practices. The student's and hospital staff enjoyed a sunny afternoon out on the deck and a good old-fashioned Sausage Sizzle.

The Melbourne Dental Students’ Society (MDSS), doing what they do best, fired up the grills and cooked up a storm. Even the tooth fairy took a moment out of her busy schedule to show her support for healthy teeth! As part of our continued outreach efforts, MDSS donated the proceeds from the Sausage Sizzle to the Kokoda Track Foundation’s dental health campaign in Papua New Guinea. This campaign aims to provide toothbrushes and toothpaste to 30 isolated villages along the Kokoda Trail.

Next up we had the annual trivia night, where brains were stretched and friendly inter-level rivalries were rekindled. It was anyone’s game at intermission, but with a few “I-can’t-believe-you-knew-that” moments, victory was ensued to the underdogs. Well done guys!!

LA TROBE UNIVERSITY
By Sarah Mueller

This year has taken off with the introduction of a new bunch of first year dental and oral health students, keen and raring to go. The ‘initiation’ process involved a very successful dental camp, where all barriers were broken down and characters revealed in a wide range of activities including kayaking, hut building and surprise ‘Hunger Game-Esque’ Battle Royale. The first years also showed off their hand eye coordination in a competitive bowling night.

I wish everyone the best in the upcoming weeks as we all get ready for mid-year exams!
UNIVERSITY OF SYDNEY
By Darian Karunaikumar

Sydney’s academic and social year has kicked off. The dentistry camp at Shelley Beach was a great time for first years to get to know each other after a daunting first week of classes and thanks to the ever helpful second years it went off without a hitch with awesome games, drinks, food, mentoring & activities organised, capped off in style with the traditional Toga Party.

But the year has only just begun. Amidst the ever-increasing coursework, there are also plenty of social and sporting events coming up including Alumni vs Students soccer, the Interfaculty Cup, the Roland Bryant Cup against CSU, and many more social events planned for the massive year ahead.

CENTRAL QUEENSLAND UNIVERSITY
By Emma Odgaard

2014 has seen CQU as the first year with a complete school, with a cohort of 1st, 2nd and 3rd year students since the opening of BOralHlth in 2012.

On the social forefront a meet-and-great occurred during O-week, where students and lecturers interacted over a luncheon with each other and shared advice on upcoming study and how to cope with future challenges.

Plans for volunteer trips and an Oral health graduation ball is enthusiastically being organised.

UNIVERSITY OF WESTERN AUSTRALIA
By Spencer Li

The academic year at UWA started off with the new twist on the freshers meet and greet: The Prime and Bond Party.

In a change of venue from the traditional OCHWA lawn, the second and newest cohort of DMD students met the upper years at Varsity Bar for Prime and Bond. It was a bit boisterous at times, but it’s safe to say when you have a dance floor, a lawn doesn’t quite cut it for busting a move. Although this year’s welcome was successful, perhaps next year the inter-year boat races will be back!

CURIN UNIVERSITY
By Jessica Ravi

During the month of May the Oral Health Therapy students have elected to participate in the HBF fun run that will commence on the 25th of May 2014. We aim to complete the 12km course and in doing so have donated to multiple charities.

May is a busy month as we are also promoting the blood drive and are encouraging groups of students to donate with friends making this experience more enjoyable all round. We have suggested that groups of four or five students participate at one time and make an afternoon out of it, while supporting a great cause and helping to save lives.

Later in the year, we are also organising “Bounce”, an indoor trampoline arena that will be a great networking opportunity as well as quiz night at The Byrneleigh. The last social event of the year will be a graduation dinner for third years in late November.
UNIVERSITY OF ADELAIDE  
By Hannah Dolby

2014 has already been busy for the AUDSS, with many of our annual events and a few new ones added in our events calendar. Kicking off the year was our inaugural Fresher BBQ, a fantastic afternoon getting to meet the new first year dental students in a social setting before university really gets going. The day involved lots of food, a drink or two, swimming and even a performance from our own Dental Students Choir.

The AUDSS has also continued with sporting events, which have proved a hit in the past. The first of the year was our inter-year competition, pitting each year against each other in potentially the most brutal limited-contact sport - netball. While all years played well, the second years ultimately took home victory (and pizza).

In addition to our AADP lectures to complement our learning, we also trialed many new events for 2014 including a Foam Party and a buddy system to help first years transition into their course and a River Cruise.

GRiffith university  
By Rhea Allsopp

2014 has already proved to be a very exciting year at Griffith as we kicked off with the Annual GUDSA Meet & Greet and Beach Volleyball Tournament. These were great opportunities to meet the new students as well as build on existing friendships with other years.

Our next big events to keep us going through this long semester is the Halas Cup where we verse UQ dental students in soccer and the Annual GUDSA boat cruise around the canals of Surfers.

Of course we’re all most excited about the 2014 ADSA Convention hosted by Griffith in July. Can’t wait to meet you all then.

UNIVERSITY OF NEWCASTLE  
By Alanna Begley

Already many plans and ideas have been put onto to-do-lists, talks of a end of year ball, mid-semester drinks, trivia nights and much more. UoN has also connected the 1st, 2nd and 3rd years, Honour students and Dental Therapy students through a facebook group. We have our first AGM on the 8th of May. Meanwhile second years have been visiting aged care homes and third years are on placements.
Meet the rural dentistry representatives from all around the country!

**CHARLES STURT UNIVERSITY**

Amy Calvin  
amy.calvin@live.com

Amy Calvin here from Charles Sturt University Orange. I am very proud to be the first dental rep of our recently formed Rural Health club - the Central Western Area Rural Health Society. This community was formed by students in response to a need for improved communication, awareness and the want to improve healthcare in rural areas.

Like many of the students at CSU Orange I come from a rural area where the waiting list to see the dentist is over a month and there is a lack oral health and education is a huge issue. I am passionate about any and all improvements that can be made all over the country. CSU is doing its part with rural clinics scattered around the state. I look forward to my placements with the chance of working with the Royal Flying Doctor’s service, visiting remote communities, experiencing a vast variety of cases and getting to know the locals.

**LA TROBE UNIVERSITY**

Sadit Reza  
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Having grown up in various parts of New Zealand and Australia, I feel myself privileged to have been able to experience the advantages and disadvantages that both urban and rural settings have to offer. Being involved in sports (namely Cricket and Squash) has always been a passion of mine and I am actively involved in playing, coaching and even umpiring various sports both at university in regional Bendigo as well as back home in metropolitan Brisbane.

I have certainly been exposed to the lack of delivery of oral health care services in rural and regional areas and I am certainly considering working in a rural/regional setting upon my graduation for this very reason. During my time as Dental Representative of LARHC, I hope to be able to entice other Dental students from various cohorts to also consider the same option.
GRIFFITH UNIVERSITY
Vidya Krishna
vidyakrihsna16@gmail.com

I am a 4th year dentistry student and love that my job is to make people smile every single day. Though originally from Melbourne, I have moved around Australia growing up and as a result I have seen the need for education in basic health care including one’s oral health.

Hope4Health is a large dynamic organization that helps students in medicine and allied health get their “hands dirty” and work with people from all backgrounds. Rural Australia is currently experiencing a large shortage of dental professionals and helping to address this, Hope4Health has a branch in rural health. Students in dentistry have numerous opportunities to be involved including events such as rural high school visits. Hope4Health also hosts multiple social events to raise funds for charities. Moreover, once in their final years of study, they also have the opportunity to participate in the Cherbourg Volunteer Dental Clinic.

By participating in Hope4Health activities, students expose themselves to situations and patients outside the traditional dental set up provided by Griffith University. It also provides a chance to both give back to the wider community and learn a thing or two about rural Australia – a world very different to metropolitan Australia.

UNIVERSITY OF SYDNEY
Miles Somers
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My name is Miles, and I’m the dentistry rural health representative here at The University of Sydney. I grew up in the semi-rural area of NSW’s Central Coast, 2 hours north of Sydney. I was lucky enough as a child to travel widely around Australia and see some of our most beautiful, remote areas. Amongst these incredible rural areas however, I noticed the huge disparities in healthcare between remote and city areas. This instilled in me from a young age, that even in our “Lucky Country,” there were many, particularly Indigenous Australians, that were significantly disadvantaged.

Once in dental school I discovered Usyd’s rural health club – MIRAGE. Here I met other students from all healthcare disciplines with similar interests, passions and ideas of how we could contribute to rural healthcare. Through this club, I have met dentists and doctors who work in rural Indigenous communities, and this has furthered my desire to help disadvantaged communities upon graduation. I suspect we were all compelled to become dentists to help others, and I can’t think of a better way to achieve this than lending my skills to rural and Indigenous communities.

I am a firm believer that training Indigenous children to become our future dentists is key to improving oral health in the Indigenous community, so one of my main aims is to inspire children of this community to consider this career path. I love the outdoors, surfing, camping and hiking, and this can all be at your doorstep when working as a rural dentist which has also been a motivation to pursue a rural career!

UNIVERSITY OF MELBOURNE
Pip Robinson
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www.outlookruralhealthclub.org.au

Hi! My name is Pip and I’m the Dental Representative for Outlook Rural Health Club at The University of Melbourne in 2014.

My interest in rural health began early with most of my family living in country Victoria and New South Wales, so the progression to rural health promotion in dentistry was perhaps expected! I enjoy spending time out of the city, from hikes in Cradle Mountain to wine tasting in the Barossa Valley.
Hi, I'm Troy McClure, ...oh wait, I'm Saranya, I'm a 4th year Dentistry student at Adelaide Uni. I'm originally a Sydney kid, but decided I liked Adelaide a hell of a lot better after moving here for uni. I figure if I like Adelaide more than Sydney, maybe I'll like the country even more! I love trying out craft beers, spending time with friends, and reading a good book (when dentistry permits).

I don't know if I want to work in the country forever, but I love the idea of rural dentistry (patients get healthcare, dentists get experience, everybody wins!), and really think that people from the city dismiss the idea too readily – I've been fairly involved in AURHA, our rural health club, since I started uni because I had friends that were involved in it, but going to AURHA events and getting involved has piqued my interest, and I would love for others to be more open-minded about rural health too.

Dentistry is relatively (compared to other unis, it seems) heavily involved in our rural health club, with scholarships, rural high school visits, and a decent turnout at events – I hope to continue to expand this, and I very much look forward to seeing people of all disciplines at our events this year.

I'm looking forward to seeing all of the Melbourne dental students at upcoming Outlook events. Any questions? Just ask!

**UNIVERSITY OF WESTERN AUSTRALIA**

Rachit Shah
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I'm born in India and have lived in Australia for most of my life; yet I'm a dual citizen of both nations. My hobbies include playing cricket and golf, as well as travelling to different places and meeting new people.

Even though I've lived in the city basically all my life, there is something simplistic and refreshing about living in the countryside; it is something I definitely want to experience in the near future. SPINRPHEX Rural Health Club is a long running rural health club for medical, dental and nursing students of WA. It is a vast network with links to students from a myriad of allied health fields and gives members the opportunity to connect with one another on a vocation of their interest.

My goal in rural health is to promote it to the wider dental profession and address some of the issues plaguing dental rural health. These range from promoting oral health in communities at high risk of dental decay and oral diseases, as well as involving more students in rural health programmes. I believe that dental students have much to gain from immersing themselves in a rural health setting; in terms of personal and professional development.

**UNIVERSITY OF ADELAIDE**

Saranya Talluri
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Last year I volunteered for an extra placement in Shepparton, Victoria, where I not only enjoyed the support of great staff but also easy going patients in a relaxed environment unlike that of any placements in Melbourne. Clinically, my skills improved in leaps and bounds and I can’t wait to return there later this year. With the support of Outlook, I am very keen to encourage Melbourne DDS and BOH students to consider working in rural and remote areas upon graduation. Working in the country benefits both the community and the dental professional – what’s not to love?!

I'm looking forward to seeing all of the Melbourne dental students at upcoming Outlook events. Any questions? Just ask!
JAMES COOK UNIVERSITY
Sahresh Sani (Sherri)
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Brunei bred, New Zealand citizen and now an Australian resident for 6 years; I am someone who loves travelling and outdoor adventures such as traversing hiking trails of the Cairn's rainforest, scuba diving in the Great Barrier Reef or jumping over the Kawarau Bridge in New Zealand, amongst others. Dentistry has been a long passion of mine and after two undergraduate degrees I have finally found myself at James Cook University whilst developing a keen interest in rural oral health promotion.

Club RHINO has been established for a while, however the dental division is a fairly new addition to the club that offers opportunities to travel, network as well as discover prospects available to new dental graduates interested in working within rural far north Queensland. Due to its infancy, it is open to fresh ideas and geared towards improvement. The club aims to provide students with increasing hands on rural experience, skills nights, gala ball cruise, conferences as well as an exciting time to become part of pioneering a club that is very much member driven and oriented to their needs.
From the 4th-6th April, Miss Jess Zachar (Charles Sturt University) and Mr Mina Rizk (Griffith University) went to Singapore for the IDEM-APDSA (International Dental Exhibition Meeting - Asian Pacific Dental Student Association) Student Leader Programme.

The programme included 24 dentistry students from all around the Asia pacific region including Thailand, Japan, Korea, Malaysia, Hong Kong, Taiwan, Cambodia and many more.

In 2014, IDEM Singapore demonstrated Asia’s leading dental trade fair and scientific conference with record breaking numbers of exhibitors, conference tracks and attendees. 2014 saw more than 500 exhibitors from 38 countries showcasing the latest innovations in clinical dentistry, dental technology and patient care across every segment of the dental market, covering restorative and preventive treatments, surgical procedures and equipment, orthodontics, endodontics, periodontics and laboratory tools. The trade fair and conference also welcomed 7,842 participants from 61 countries over three and a half days!

The four day leader programme consisted of lectures, workshops, forums and tea sessions by some of the world’s best leaders in dentistry as well as visiting some of Singapore’s most famous tourist attractions. The biggest academic highlights included master classes from Dr Hargreaves on regenerative endodontics and Vital Pulp Therapy by Dr Burgess. The students also had the opportunity to have student group sessions with Derrick Setchell (Prosthodontist) and Samuel Lowe (Periodontist) about the future of dentistry in their particular fields.

The exhibition itself consisted two levels of 16,000 sqm of some of the world’s latest technology in Dentistry. The most recent technology ranged from robotic patients as simulation units for dental schools, coloured composite fillings for children, a range of flavors for both prophylactic paste and disclosing liquid and the most advanced dental unit chairs. By night, some of the Singapore’s most breathtaking tourist attractions included the Safari night, the beautiful scenery and architecture at Marina Bay and the Chilli crab cuisine!

Going to IDEM Singapore gave Mina and Jess the opportunity to learn more about where dentistry is heading in the future and to be mentored by some of the best dental leaders in the world. The ADSA encourages all students to attend as many conferences as they can as it is an amazing opportunity to extend your learning and meet the top leaders in dentistry from all over Australia and the world. For those interested to participate in the IDEM-APDSA Student Leader Programme in 2016, keep an eye out for applications next year to be considered for this amazing experience.