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twitter.com/adsamedia
facebook.com/AusDSA

ADVERTISING ENQUIRIES
Cathleen Dong
sponsorship@adsa.org.au

PUBLICATION SUBMISSIONS AND ENQUIRIES
Amy Cao
publications@adsa.org.au
Welcome back to the start of another year and the first Articulate newsletter for 2014. We have an exciting year coming up for the ADSA as we have been working hard on a number of projects and making the student experience better for you.

In December last year, we held a meeting for all of the University Liaison officers, the ADSA committee and the Presidents of all of the Dental Schools to discuss the direction and plans for the ADSA in 2014. One of the main aims of these meetings was to agree on some policies for the ADSA, and I am pleased to announce that the ADSA now has three policies:

- **Rural policy**
- **Funding of Dental Schools policy**
- **Dental Oversupply Workforce Supply policy**

These policies guide the ADSA in our activities and carrying out the action points in these policies is a key priority for us this year. See page 5 for more information about our policies. First up this year we are focusing on the issue of the oversupply of the dental workforce. In April Health Workforce Australia (HWA) will be releasing their 2025 Oral Health workforce report that will state that there is an oversupply of the dental workforce now and in to the future. It is an important report, and in response we are launching our campaign that aims to raise awareness to students, and the public about the lack of jobs in the dental industry. This is our first campaign, and I hope that you will get involved and speak up about this important issue that affects not only students, but the entire dental industry.

This campaign is being run in conjunction with the ADA who have been very vocal about this issue for the past few years. Together we are holding a twitter night on the 26th of March to promote this issue through social media. See page 9 For more information about the #dentalcrisis campaign.

In the last few weeks I have talked with a number of stakeholders to discuss current dental issues. I met with the President of AMSA (Australian Medical Students Association), Jessica Dean, to discuss common problems faced by both medical and dental students. A common theme across all health students is the poor employment prospects upon graduating. The Pharmacy and Paramedic students associations have also expressed their concerns and we have discussed the possibility of holding a combined health student campaign later in the year.
Recently the ADSA has become partners with the Royal Australasian College of Dental Surgeons (RACDS) who are leaders in dental education and professional development. To be a member or fellow of the college is a great way to expand your skills and knowledge of dentistry upon graduating. If you are considering being a specialist I would highly recommend you visit their website at www.racds.org and for more information about the RACDS see page 7.

We have updated our graduate booklet which outlines what you need to do in order to start practicing as a dentist, as well as some top tips about how to get a job upon graduating. We also updated our first year booklet which includes tips from each University Liaison Representative on how to succeed in dental school as well as some resources to help you get through the year. See our website www.adsa.org.au to download your copy.

Finally, we have two exciting events coming up; the Blood Drive Challenge which is from 28th April to 30th May, and the annual ADSA convention which is being held in the Gold Coast from the 8th-13th of July this year. In the Blood Drive Challenge Universities compete against each other to see which University can donate the most blood. It sounds vampireish, but it’s all for a good cause. Our annual ADSA Convention is our biggest event on the calendar and the convention team have been working hard to make sure it will be a week you won’t forget. For more information about ADSA convention see page 12 and page 6 for more details on the Blood Drive Challenge.

There is a lot happening this year but I hope you take the opportunity to get involved in all that ADSA has to offer and we hope to see you at the ADSA Convention in July!

Audrey Irish
President
ADSA UPDATES

POLICY UPDATES

In December last year the ADSA passed three policies that now guide the committee in its activities and actions. Below is a brief run down on what each policy is about and what the ADSA is doing to fix the problem.

FUNDING POLICY

ADSA believes that the Federal Government should increase the amount of funding it gives dental schools. Dentistry is one of the most underfunded courses at Universities and dental faculties are struggling to provide updated technology and equipment, attract the best educators, and provide a quality educational experience.

ADSA’s formal position is that the Federal Government’s base funding to dental programs should increase to alleviate the huge financial pressures dental schools and students face. Dental education costs need to be addressed by the Federal Government to ensure that dental students receive quality training.

DENTAL WORKFORCE OVERSUPPLY POLICY

Since 2005 4 new dental schools have opened up, so there are 9 dentistry courses in Australia which has led to a dramatic increase in the number of students graduating with dental degrees. Over a ten year period the number of dental graduates has increased 3 fold from 230 in 2005 to an expected 650 in 2015. In this same period there has been an increase in the number of allied oral health professionals and overseas trained dentists migrating to Australia – which has also contributed to the oversupply of dental workforce.

ADSA believes that with an increase in the number of graduating dentists, dental therapists, dental hygienists and oral health therapists, there should be no new dental courses established in Australia, and that Universities and the Federal Government should regulate dental student intakes so that they are at a sustainable level.

RURAL POLICY

There is a maldistribution of dentists and allied oral health professionals, with 79% and 72% employed in major cities respectively. There is a need for more dentists and allied oral health professionals in rural and remote areas to ensure that these people have access to dental care. With the projected oversupply of dentistry and allied oral health graduates, we should be encouraging students to work in these areas of need.

ADSA believes Universities should take an active role in promoting rural dentistry to its students by providing positive rural clinical placements and by increasing its intake of students from rural backgrounds. The federal government should provide incentives to students and new graduates to work in rural areas through scholarships and reimbursement schemes.

If you have any questions please email the president at president@adsa.org.au

MAR 2014 / 05
Hello and welcome to a very busy 2014. This year we are implementing a few significant changes; previously the blood drive has run all year, this year the blood drive will be held over one month from Monday April 28 to Friday May 30. There will also be a prize given to the school that has the most donations in a student body.

This is a fantastic opportunity for dental student’s nation wide to donate blood and give back to their community. You are able to donate alone, or in groups so get together with some friends and give a pint.

Only 1 in 30 Australians currently donate blood whilst at least 1 in 3 will need blood in the course of their lifetime. The donation from 1 person can save the lives of 3 and that 470ml (a standard donation) is less than 10% of your total blood volume, which is easily replenished through your normal and natural turnover of blood.

Blood donations are used to assist all sorts of medical problems, approximately 30% of donations go to cancer patients and about 18% is used for burn victims and open heart surgeries.
The ADSA has recently strengthened its valuable ties with the Royal Australasian College of Dental Surgeons (RACDS).

After several meetings with ADSA President Audrey Irish, RACDS is extremely pleased to offer its city office as a resource that the ADSA can use for professional business and welcomes the cultural alliance of the two bodies which are motivated by education and high standards within the profession.

The RACDS study programs provide opportunities for new graduates and experienced dentists to improve their skills, knowledge and understanding of clinical dentistry. The main focus of the RACDS education programs is to provide world standard, evidence based education, training and assessment in dentistry, leading to Membership (MRACDS) or Fellowship (FRACDS) in either General or Specialist Dental Practice. Your RACDS qualifications demonstrate to patients that their practitioner is equipped with the knowledge and skills to practise clinical dentistry at the highest standards throughout their working life. The

RACDS also offers accredited education and training in Oral and Maxillofacial Surgery for those dentists or doctors wishing to specialise in this area of specialty practice.

Audrey Irish recently attended the opening of the new RACDS Centre for Learning Education and Research as a VIP guest. The new city space is equipped with state of the art technology for advancing and sharing learning across the international membership of the College. Guest speakers can present to the profession over high definition web screens and MasterClass CPD workshops are scheduled throughout the year. ADSA members receive special prices for RACDS CPD. Please visit our website and follow links to the CPD Calendar (www.racds.org).

RACDS would also like to invite and encourage ADSA members to attend their 2014 Convocation at the Gold Coast in April.
RACDS 22ND CONVOCATION 2014

from genome to nursing home
everything new under the sun

Dates
10 – 14 April 2014

Venue
Surfers Paradise Marriott Resort & Spa

Program
A varied scientific program, offering access to leading edge research and clinical service delivery for general dental practitioners and specialist dental practitioners alike is being offered. Dental therapists and others will also find interest in the program being presented.

Keynote speakers
The program will be led by internationally renowned speaker - Kathryn Harley and Professor Junji Tagami will be joining us from Japan. A board range of topics will be covered off in the program which includes Periodontics, Dental Materials, Genetics/dental anomalies, Oral health planning, and Orthodontics to name a few. See racdsconvocation2014.yrd.com.au for more details on these speakers and the full scientific program.

Events
Convocation will be supported by a vibrant mix of social events that will enable you to reacquaint yourselves and make friends with new colleagues. We will induct our graduating Members and Fellows at the Opening Ceremony on the first evening, followed by a river cruise and a gala dinner on the following evenings. This year, President Francis Chau, President Elect David Sykes and Chief Executive Officer Gary Disher will host an Open Forum outlining the vision and future of the College as a key education and examinations body in dental surgery which is always well attended.
Since 2005 4 new dental schools have opened up, and there are currently 9 dentistry courses in Australia. This had led to a dramatic increase in the number of students graduating with dental degrees. Over a ten year period the number of dental graduates has increased threefold from 230 graduates in 2005 to an expected 650 graduates in 2015.

Recent data has showed that in the last four years there has been:

- Increase in the number of dental students graduating: 33.2%
- Increase in allied oral health graduates: 40.5%
- Increase in the number of dentists looking for jobs: 15.1%

This influx of dental and oral health graduates has contributed to the current oversupply in the dental workforce. This has meant that many new graduates cannot find work, and in the past few years the rate of new graduates finding full time employment 4 months after completing their degree has dropped from 93% to less than 84%. It is clear that this dramatic increase in the number of students enrolled in dental degrees around Australia has led to poor employment rates for everyone in the dental workforce.

It is not just dental students that have been affected, since 2000 there has been a 60% increase in the number of practicing allied oral health professionals. This reflects the increase in bachelor and diploma programs for oral health therapists and dental hygienists in particular. Oral health students are facing the same employment difficulties as dental students due to a huge influx of hygienists and therapists in to the market. If student numbers are not decreased soon, this situation will only get worse.

In April, an important report by Health Workforce Australia (HWA) will provide recommendations to the government about what to do about this oversupply of the dental workforce. We expect that the HWA will suggest increased government spending to dental programs to try and increase the demand for dental services, and therefore jobs in this sector.

While increasing the demand for dentists and oral health professionals will utilise the current workforce, there needs to be a concurrent decrease in the number of new dental practitioners entering the market.

With 3000 dental students and a further 800 oral therapy and hygiene students currently enrolled at Universities around Australia, we are facing a big influx of dental and oral health graduates into the workforce for at least the next 5 years. In line with the ADA,
the ADSA believes there should be a cap on the number of student enrolments in dentistry and oral health courses in order to decrease the ever increasing supply into the oversaturated market.

With changes in higher education legislation, Universities are able to enrol as many students as they like, regardless of societies need for a particular profession. However we think that Universities and Governments have a responsibility to enrol enough students based on the amount of dental practitioners the population actually requires.

Dentistry and oral health therapy degrees are different from other University courses as they train you to be a part of a highly specialised profession with a very specific set of skills. These courses train students for one profession alone, and outside of this, students have little or no employment prospects. It is unfair to keep enrolling students in such high numbers into dentistry and oral health courses when the dental market is already flooded. Not to mention the enormous waste of taxpayer dollars and health system resources that go into training dentistry and oral health students, and the personal time and financial costs of this training, if these students cannot find employment at the completion of their degree.

SO WHAT IS ADSA DOING?
We have developed a Workforce Campaign to try and raise some awareness about the oversupply of the dental workforce. As a part of this campaign we are holding a ‘twitter night’ on Wednesday 26th of March at 8.00pm ESDT. We are using social media and the hashtag #dentalcrisis to get people to care about our future, and the future of dentistry. The aim is that this will generate conversations about the dental workforce and place pressure on the government to take action.

We will update our Facebook page and website soon with more details about the campaign and the twitter night, but in the meantime make sure you sign up to twitter and get ready to tweet!

The ADSA has also written to the Minister for Education, Hon. Christopher Pyne MP and the Minister for Health, Hon. Peter Dutton MP regarding this issue. We have met with a number of organisations including the HWA, the ADA and ACODS (Australasian Council of Dental Schools) to discuss a solution to this problem.

THE ADSA PROPOSES THAT THE FEDERAL GOVERNMENT

1
Increases funding to dental hospitals and other dental programs in order to increase the demand of oral health services, which will in turn create more jobs for the oral health workforce.

2
Support a cap or decrease the number of student enrolments in dentistry and oral health therapy courses in Australia.

3
Remove dentists, dental therapists, dental hygienists and oral health therapists from the Skilled Occupation List to stop overseas trained dental practitioners from entering Australia.
WHAT CAN YOU DO?

1. Have a conversation with your friends/ family/ workmates about the lack of jobs in the dental workforce. Discuss why they should care that you won’t have a job.

2. Sign up to twitter and get ready for our twitter night on the 26th of March.

3. Write to your local member of parliament or the Federal Minister for Education, The Hon Christopher Pyne, calling for a cap on dentistry and oral health enrolments at all Universities.

For one hour on the 26th of March we want all dentistry and oral health students to go wild on social media to let everyone know about the lack of jobs in the dental industry.

For more information about this issue please visit our website www.adsa.org.au to read our policy on the oversupply of the dental workforce. Any questions about the campaign or what the ADSA is doing please contact Audrey at president@adsa.org.au
This year’s convention features an exceptional academic program including inspiring lectures from our plenary guest speakers, seminars from world-class academics along with a panel discussion centred on the most hot-off-the-press issues affecting dental students today.

Delegates will also be given the opportunity to tailor the academic program according to their more specific interests and skills. A diverse series of breakout sessions will be run throughout the week to ensure that students can learn more about their preferred specialty areas whilst building up their razor-sharp skills to excel in their clinical practice. But that’s not all!

With the newly established Gold Coast light-rail up and running, you can expect to be dropped literally right on the door-step of your home for the rest of the week at the world-renowned, FIVE-star luxury of the Hilton Surfers Paradise! Yes you heard that right! We understand that as dental students we’ve had our fair share of 2-minute noodles and instant coffee sachets from Aldis, so we want you to be comfortable!

But hang on there, because before you shake off your socks and order room service, delegates will be getting ready for an incredible themed social line-up filled with crazy costumes, free-flowing drinks and bad pick-up lines *cough* networking opportunities.

Starting the week with a Meet and Greet and a Pubcrawl, we will keep you guessing with what further surprises we have in store! And let us not forget those of us who are more sport-inclined, you will have your time to shine in our beach volleyball contest- may the best dental school win!

Oh, and we forgot to mention our theme-parks. You’ll get the chance to check them out as well.

So get keen for registrations, folks- we can’t wait!
THE NUMBER OF STUDENTS IN DENTAL PROGRAMMES HAS RISEN BY 330% SINCE 2007

SINCE 2010 EMPLOYMENT RATE HAS DROPPED BY 10%

THIS IS YOUR OPPORTUNITY TO HAVE YOUR VOICE HEARD AND JOIN IN A TWITTER EVENT THAT WILL HELP SHAPE THE FUTURE OF YOUR PROFESSION

INFLUENCE DECISION MAKERS

SHAPE THE FUTURE OF DENTISTRY

TWEET, SHARE & BE HEARD

FOR MORE INFORMATION ABOUT THIS EVENT PLEASE VISIT ADA.ORG.AU OR ADSA.ORG.AU
HEALTH CLUBS

Interested in signing up to your local rural health club in 2014? Check out some of the events they are holding this year and how you can get involved with your local rural health club today.

by Jess Zachar, Rural Officer

NATIONAL RURAL HEALTH STUDENTS NETWORK
NURHC, Creswick (Vic)

The National Rural Health Students’ Network (NRHSN) is a multidisciplinary health network comprising of 28 Rural Health Clubs (RHCs) located at Universities around Australia. The NRHSN covers medical, nursing, dentistry and allied health courses, and comprises a member base of more than 9,000 students from around Australia. Their main event for the year is the National University Rural Health Conference (NURHC) which is a fabulous opportunity to meet students in other health professions who are also interested in rural health. It is held in August every year and the NRHSN will be releasing more information soon.

RHINO (JAMES COOK UNIVERSITY)

2013 MD SKILLS NIGHT

Rural Health In Northern Outback (RHINO) is James Cook University’s representative body for all students enrolled in a health discipline, providing them with an invaluable support structure, both within and outside of university life for multi-disciplinary networking. RHINO coordinates numerous educational, social and career related events that offer and encourage students not only to develop their clinical skills and have a chance to meet possible employers, but also promotes health careers amongst the next generation of students by raising awareness of various rural health issues and the effects felt by these rural and remote communities. Skills Night is one popular annual RHINO event that brings together students from various health disciplines in a 3 hour workshop where students learn clinical skills from other disciplines and listen to inspiring guest speakers who are passionate about rural, remote and indigenous health.

Get in contact with your university rural dental student representative for more information or Jess at rural@adsa.org.au
Our faculty will also be holding a rural high school visit to approximately 3 schools in rural NSW to educate the students about oral hygiene, the importance of oral health, and to motivate them to follow a career in health. This event will include students of all 4 years of dentistry, as well as students from our Bachelor of Oral Health degree.

Towards the end of the year we will be hosting another rural health night with MIRAGE. This will include a dentist, a medical doctor and an allied health professional talking about their work in rural Australia, and the great benefits they get from it. Last year's event was a major success, with a huge number of dental students turning up to hear a great talk from Dr Salameh and the work he does in Bourke, NSW. This event certainly inspired many students.

TROPHIQ (UNIVERSITY OF QUEENSLAND)
2013 TROPHIQ Charity Gala for BUSH kids

This year the club have a variety of events coming your way. Little known fact, dental students can get involved in many of our events. To kick the year off we have our first Rural Highschool Visit coming up on the 9-11 of March. Students from all health disciplines are encouraged to participate and help TROPHIQ educate students about healthy living habits and encourage them to pursue a career in health care.

Next on the calendar is a trip to Cherbourg to visit the hospital and dental clinic that services the local indigenous community. To top it off, the trip coincides with the Goomeri pumpkin festival, where students will have the opportunity to throw pumpkins, role them down hills, and of course feast on all sorts of pumpkin recipes. This year we are also planning on running an event specific to dental students. We are hoping to send a small group of students to Kingaroy to help out at the dental clinic next to the local hospital. This is to give more students the opportunity to experience, if even for a few days, what it is like to work in a country town.

Last but not least, all health students are invited to attend the TROPHIQ Charity Gala in August and help raise money for BUSH Kids. A fun night filled with amazing speakers, networking opportunities, good food and drinks, great company and prizes!
CWARHS (CHARLES STURT UNIVERSITY)
2013 First CWARHS Meeting

In late 2013 the decision was made to form a new rural health club at Charles Sturt University Orange campus. CSU Orange is primarily a health campus, with many students coming from or intending to return to rural areas, making the club an essential need for the continually expanding campus. In 2014 the Central Western Area Rural Health Society (CWARHS) aims to further establish itself including to become recognised by the NRHSN and other large rural health bodies. At a campus level we are aiming to build a strong membership basis and raise funds to support CSU Orange students on rural placements and other rural orientated activities, as well as become more associated with other health clubs. We hope that 2014 will be a strong year for the club and give it sturdy foundations to build upon.

AURHA (ADELAIDE UNIVERSITY)
2013 Dinner Under the Stars

A delicious three-course dinner at a different rural “mystery location” each year with live entertainment and a few talks from guest speakers sharing their experiences in rural health, Dinner Under The Stars is a highly anticipated event. Held yearly by AURHA (Adelaide Uni Rural Health Alliance), Dinner Under The Stars is a multi-disciplinary event encompassing all allied health courses, and usually sells out in days. It’s classy, a heap of fun, always has delicious food and drink, and it’s a great opportunity to meet your friendly fellow allied health students, while finding out about what rural healthcare has to offer and hearing some hilarious stories about working in rural communities.

OUTLOOK (UNIVERSITY OF MELBOURNE)
2013 Vibe 3 on 3 Program

DDS and BOH students from The University of Melbourne have a number of fantastic rural events to look forward to, thanks to the Rural Health Subcommittee of the Melbourne University branch of Outlook. Perhaps one of the most exciting opportunities is the ‘Vibe 3 on 3’ program, where chosen allied health students will be able to uniquely combine basketball, music, healthy living and dentistry course promotion with rural high school kids in Gippsland. The program is an original and informal way of reaching out and encouraging rural school children and a great avenue for dental students to get involved in rural health promotion.
La Trobe Rural Health Club (LARHC) runs many activities throughout the year in which dental students can get involved. Events such as sausage sizzles and movie nights held during National Reconciliation week to improve peoples’ awareness and importance of the first Australians have proved to be popular for the dental cohort in the past and will hopefully continue to generate further interest in the future. From a Dental point of view, 2014 is an exciting year for LARHC with three Dentistry students taking up positions in the executive team. It is also the first year in which a Dental student will be attending rural high school visits to rural Victorian towns in order to motivate and encourage rural students to consider a career in Dentistry. Several new events, such as the inter disciplinary Dodgeball tournament and keynotes given by influential public speakers should also prove to be successful in encouraging the Dental cohort to continue their involvement with LARHC.

SPINRPHEX (UNIVERSITY OF WESTERN AUSTRALIA)
2013 Bush Camp

SPINRPHEX is rural health club EXCLUSIVELY for Dental, Nursing and Medical students. Every year we host a series of free or subsidized events for students to help network, dispel myths and expose students to the benefits of the rural health environment....as well as give everyone a chance to make great friends and have fun! This year we’re aiming to recruit record numbers to each of our key events and would love to see more dental students than ever before!

On Friday the 11th of April the Spin Camp at Nanga bush camp in Dwellingup will be held. The camp is our most sought after event, hosting a number of team building activities, practical workshops (including dental workshops), guest speakers, a quiz night and a themed party. Numbers are limited so keep an ear out for application dates. Other events not to be missed include the multi-disciplinary night, later in April and the AGM which, despite the name, is actually a popular social dinner where the new committee is announced and everyone enjoys a beverage as they reflect on what will undoubtedly be a great year. Like us on facebook to stay up to date with all the events and receive reminders and great scholarship opportunities!
The Melbourne Dental Students’ Society (MDSS) kicked off 2014 with a bang! We welcomed the DDS1 Class of 2017 with our annual pub crawl and O’Camp. Camp Toga-go-go began with an afternoon of good old fashioned chillin’ and grillin’ at the beach, refreshing dips in the ocean and a friendly game of beach volleyball. If these were not enough, revelries continued at camp headquarters with a few team-building games before the shenanigans of the night festivities - the troops transforming into Greek gods and goddesses to party into the wee hours of the morning. A few were better for worse on Sunday, but all insist it was well worth it!

On another front, our second years have officially been welcomed into clinical life at their Clinical Commencement Ceremony. There were a few who were a little toooo keen to get their LA licence, if you know what I mean;), but all in all it was a mix of nerves and excitement.

Our third years have expanded their clinical scope to include endo, pros and exos in their timetable; this increased workload has certainly got them crashing dead every night! Not to worry, however, they are as keen as ever in their extra emergency, oral surg and theatre sessions.

Finally our fourth years are spread out throughout greater Melbourne, Shepparton and Morewell. Some have battled the threat of bush fires to attend clinic, some have had a taste of private clinics, while others have had an extended holiday from elective placements. It has been a great start to 2014, Melb Uni has certainly got many many more memories to look forward to!!